

DATE: _____ TIME SEEN: _____ on arrival RM: _____ EMS Arrival
 HISTORIAN: patient spouse paramedics _____
 ___ HX / ___ EXAM LIMITED BY: _____ unable to obtain

HPI

chief complaint: nosebleed foreign body: R / L _____

onset / duration: _____ min / hrs / days ago _____

timing: still present gone now _____
 intermittent episodes lasting _____ occurred _____ times

context: _____

location: right left bilateral	severity: mild moderate severe (1/10)
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associated symptoms:
 recent injury / illness _____ nausea / vomiting blood _____
 fever / chills _____ light-headedness / fainting _____
 sweating _____ headache _____

Similar symptoms previously _____

Recently seen / treated by doctor / hospitalized _____

ROS

SKIN - excessive bruising _____	GI - black stool _____
HEME - bleeding other sites _____	CVS - chest pain _____
gums GI GU _____	RESP - difficulty breathing / cough _____
ENT - sore throat _____	MS - joint pain _____
LYMPH - swollen glands _____	NEURO - dizziness _____
EYES - problems with vision _____	PSYCH - anxiety / depression _____
GU - problems urinating _____	_____
LNMP _____ preg post-menop _____	_____

except as marked positive, all systems above reviewed and found negative

PAST HX ___ no chronic diseases

cardiac disease Afib CAD CHF MI cancer chemo / rad tx _____
 diabetes Type 1 Type 2 _____
 diet / oral / insulin _____
 hypertension _____
 previous nosebleeds _____
 occasionally frequently _____
 ___ old records reviewed / summary: _____

Immunizations: UTD / referred to PCP _____

Medications ___ none see nurses note aspirin coumadin clopidogrel NSAID _____	Allergies ___ NKDA see nurses note _____
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SOCIAL HX smoker ___ ppd / never / past / quit: _____ ago
 tobacco: use / dependence _____ nicotine: use / dependence _____
 drugs _____ alcohol (recent / heavy / occasional) screening _____

FAMILY HX ___ negative

Nursing Assessment Reviewed Vitals Reviewed
 V/S BP _____ HR _____ RR _____ Temp _____

PHYSICAL EXAM

General Appearance
 ___ no acute distress ___ mild / moderate / severe distress
 ___ alert ___ anxious / lethargic

NOSE

___ nml inspection ___ dried blood / fresh clots (R/L) _____
 ___ mucosa nml ___ active bleeding (R/L): _____
 ___ no active bleeding minimal mod severe _____
 ___ no specific site found anterior septum / posterior / uncertain
 foreign body (R/L) _____
 ___ pain on percussion over sinuses

HEAD / NECK

___ atraumatic ___ facial swelling / erythema
 ___ thyroid nml ___ thyromegaly

EYES / EARS

___ eyes nml inspection ___ conjunctivae pale / red / edematous
 ___ PERRL ___ unequal pupils R- _____ mm L- _____ mm
 ___ TM nml ___ TM erythema / dullness (R/L) _____
 ___ TM obscured by wax (R/L) _____

* CONST / ENT / GI / NEURO components also addressed in HPI
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Circle positives, ~~backslash negatives~~, check normals

