

**McLaren Medical Group  
PEDIATRIC PHYSICAL EXAMINATION**

**AGE 11-12 Years**

Date: \_\_\_\_\_ Age: \_\_\_\_\_ Accompanied By: \_\_\_\_\_

INTERVAL HISTORY / REVIEW OF SYSTEMS
<p><i>See Pediatric/Adolescent History Form/Problem List/Med. List</i></p> <p><b>Concerns/Additional History:</b> _____</p> <p>_____</p> <p>_____</p> <p>Nutrition: <input type="checkbox"/> Diet for Age _____</p> <p>Elimination: <input type="checkbox"/> WNL _____</p> <p>Sleep: <input type="checkbox"/> WNL _____</p> <p>Behavior: <input type="checkbox"/> WNL _____</p> <p>Hearing: _____</p> <p>Vision: _____</p>

DEVELOPMENT
<p><input type="checkbox"/> Reads for Pleasure      <input type="checkbox"/> Shows Progress in School</p> <p><input type="checkbox"/> Has Favorite Activities      <input type="checkbox"/> Communicates with Family Members</p>

EDUCATION																				
<p>Discussed and/or handout given:</p> <table border="0"> <tr> <td><input type="checkbox"/> Nutrition</td> <td><input type="checkbox"/> Injury Prevention</td> </tr> <tr> <td><input type="checkbox"/> Avoid Junk food</td> <td><input type="checkbox"/> Seat Belts</td> </tr> <tr> <td><input type="checkbox"/> Elimination</td> <td><input type="checkbox"/> Helmets/Bicycle Safety</td> </tr> <tr> <td><input type="checkbox"/> Regular Exercise</td> <td><input type="checkbox"/> Substance Abuse</td> </tr> <tr> <td><input type="checkbox"/> Sleep</td> <td><input type="checkbox"/> General Injury Prevention</td> </tr> <tr> <td><input type="checkbox"/> Regular Dental Visits</td> <td><input type="checkbox"/> Firearm Hazards</td> </tr> <tr> <td><input type="checkbox"/> Social/Family Interaction</td> <td><input type="checkbox"/> Passive Smoke Exposure</td> </tr> <tr> <td><input type="checkbox"/> Behavior/Development</td> <td><input type="checkbox"/> Sex Education</td> </tr> <tr> <td><input type="checkbox"/> Communication Skills</td> <td><input type="checkbox"/> Other: _____</td> </tr> <tr> <td><input type="checkbox"/> Physical</td> <td>_____</td> </tr> </table>	<input type="checkbox"/> Nutrition	<input type="checkbox"/> Injury Prevention	<input type="checkbox"/> Avoid Junk food	<input type="checkbox"/> Seat Belts	<input type="checkbox"/> Elimination	<input type="checkbox"/> Helmets/Bicycle Safety	<input type="checkbox"/> Regular Exercise	<input type="checkbox"/> Substance Abuse	<input type="checkbox"/> Sleep	<input type="checkbox"/> General Injury Prevention	<input type="checkbox"/> Regular Dental Visits	<input type="checkbox"/> Firearm Hazards	<input type="checkbox"/> Social/Family Interaction	<input type="checkbox"/> Passive Smoke Exposure	<input type="checkbox"/> Behavior/Development	<input type="checkbox"/> Sex Education	<input type="checkbox"/> Communication Skills	<input type="checkbox"/> Other: _____	<input type="checkbox"/> Physical	_____
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PHYSICAL EXAMINATION
<p>Weight _____ Height _____</p> <p><b>See Growth Chart</b></p> <p>T: _____ P: _____ R: _____ B/P: _____</p> <p><b>KEY:</b> <input checked="" type="checkbox"/> WNL</p> <p><input type="checkbox"/> Not addressed or exceptions/abnormalities must be documented</p> <p><input type="checkbox"/> Gen. Appearance _____</p> <p><input type="checkbox"/> Head/Fontanel _____</p> <p><input type="checkbox"/> Eyes _____</p> <p><input type="checkbox"/> Ears _____</p> <p><input type="checkbox"/> Nose _____</p> <p><input type="checkbox"/> Mouth/Throat _____</p> <p><input type="checkbox"/> Lungs _____</p> <p><input type="checkbox"/> Heart _____</p> <p><input type="checkbox"/> Femoral Pulses _____</p> <p><input type="checkbox"/> Abdomen _____</p> <p><input type="checkbox"/> Genitalia _____</p> <p><input type="checkbox"/> Male/Testes Down _____</p> <p><input type="checkbox"/> Female _____</p> <p><input type="checkbox"/> Extremities _____</p> <p><input type="checkbox"/> Back _____</p> <p><input type="checkbox"/> Skin _____</p> <p><input type="checkbox"/> Neurologic _____</p> <p>Comments: _____</p> <p>_____</p>

ASSESSMENT
<p><input type="checkbox"/> Well child</p> <p>_____</p> <p>_____</p>

PLANS/FOLLOW-UP
<p>_____</p> <p>_____</p> <p>_____</p> <p><input type="checkbox"/> Next well child at age 13-14 years</p>

IMMUNIZATIONS
<p>Immunizations UTD?: <input type="checkbox"/> Y <input type="checkbox"/> N</p> <p><input type="checkbox"/> MCV4 (Meningoccal)</p> <p>Varicella Vaccine Date: _____</p> <p>Chickenpox Date: _____</p> <p>HPV Series Completed: <input type="checkbox"/> Y <input type="checkbox"/> N</p> <p><input type="checkbox"/> Tdap</p> <p><input type="checkbox"/> MCIR Updated</p> <p><input type="checkbox"/> Physician provided face-to-face counseling with the parent/guardian at the time of administration of (list number) _____ vaccine(s) at this visit.</p>

SCREENINGS
<p>Vision Exam: R _____ L _____ Referral: <input type="checkbox"/> Y <input type="checkbox"/> N</p> <p>Hearing Exam: R _____ L _____ Referral: <input type="checkbox"/> Y <input type="checkbox"/> N</p> <p>Scoliosis Screen: Referral <input type="checkbox"/> Y <input type="checkbox"/> N</p> <p><input type="checkbox"/> Lead Screening Date: _____</p> <p><input type="checkbox"/> Lead Level Date: _____</p> <p>PPD: <input type="checkbox"/> Yes Date: _____ <input type="checkbox"/> No</p>

Parent/guardian verbalized understanding of education/instructions

See Progress Notes for additional documentation

Clinical Staff Signature: \_\_\_\_\_

Provider Signature: \_\_\_\_\_

Patient Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_