

During the Examination

- When you arrive in Nuclear Medicine, you will be given an intravenous injection of a low dose of radioactive imaging agent that allows images or pictures of your heart to be taken. The radiation exposure from this exam is low and relatively brief. After the injection, you will wait approximately one hour for the first set of images to be taken. These are called resting images.
- After the first set of images is complete, you will be given a cardiac stress test. An internist or a cardiologist will be in the hospital during the stressing procedure. You will receive a medication that will produce the same effects on your heart as normal exercise.
- A second injection of the radioactive material will be given near the end of the stress test. After the stress test, you will wait approximately one hour for the second set of images to be taken. You may not leave the hospital until after the second set of images is taken. Each set of images takes about 25 minutes to complete.

STOP THESE MEDICATIONS BEFORE YOUR TEST		
STOP FOR 12 HOURS PRIOR TO TEST		
Aggrenox	Persantine Pletal Respbid	
Aminophylline Cilostazol-generic for Pletal	Quibron Slo-bid Slo-Phyllin Tedril	
Constant-T Dipyridamole-generic for Persantine	S A Theo-24 Theo-X	
Elixophyllin	Theochron Theoclean	
Gyrocaps	Theolate Theo-Dur Tab & Capsules Theolair Theophylline T-Phyl Trental	
Pentoxifylline-generic for Trental	Uniphyl tab	