



THUMB REGION

1100 S. Van Dyke • Bad Axe, Michigan 48413  
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YOUR PULMONARY FUNCTION TEST IS SCHEDULED FOR:

(DATE) \_\_\_\_\_ (TIME) \_\_\_\_\_

## Pulmonary Function Test Instructions

- Test is performed at McLaren Thumb Region
- Wear comfortable clothing
- Please arrive 30 minutes early to go through the registration process
- Test will take approximately 45 minutes
- **DO NOT USE:** SPIRIVIA, ALVESCO, ASMANEX, INCRUSE, ANORO, STIOLTO, BREO, TRELEGY, BEVESPI, ARNUITY INHALERS or YUPELR NEBULIZER **24 HOURS BEFORE** THE TEST.
- **DO NOT USE:** ADVAIR, SYMBICORT, DULERA, QVAR, FORADIL, TUDORZA, WIXELA, BREZTRI, FLOVENT INHALERS or BUDESONIDE NEBULIZER **12 HOURS BEFORE** THE TEST.
- **DO NOT USE THE FOLLOWING 4 HOURS BEFORE THE TEST:**

ANY INHALERS OR NEBULIZER TREATMENTS

NO CAFFEINE: (SODA, COFFEE, TEA, CHOCOLATE, etc.)

NO ALCOHOLIC BEVERAGES

NO LIPSTICK OR CHAPSTICK

**\*\*\*YOU MAY TAKE YOUR REGULAR MEDICATIONS**

**\*\*\*YOU MAY EAT IF YOU WOULD LIKE TO**