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DOING WHAT'S BEST.[®]

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McLAREN MACOMB SPINE AND PAIN



OUR COMMITMENT

You are in pain, and we are here to help.

Staffed by a professional and committed team treating every individual with dignity and compassion, our clinic stands ready to assist you in your time of need.

OUR GOALS

We understand that pain can be debilitating and can negatively affect every aspect of your life. Work, personal relationships, home life and overall health are just a few of the areas that may suffer when you experience acute or chronic pain.

Our goal is to help you put this painful experience behind you. Our priority is to relieve the pain and prevent it from becoming a chronic problem.

Primarily, we accomplish this with interventional therapies such as steroid injections. We often recommend physical therapy as well. We view continual medication management as a last resort. We aim for you to return to your life free of the constraints of pain.

WHAT TO EXPECT

At the initial evaluation you will be asked to provide a complete medical history. Be prepared to bring all pertinent information such as:

- Past medical problems
- Medication history
- Previous surgeries
- Other interventions

You will be evaluated by our staff and a treatment plan will be developed for you.

Be advised that we consider the initial visit as "starting from scratch." Previous treatments, including medications, will be assessed individually and not necessarily continued. We will provide the treatment plan that we consider best suited for you.

CONDITIONS TREATED

- Spinal pain
- Herniated disc
- Pinched nerves
- Spinal stenosis
- Spinal arthritis
- Degenerative disc disease
- Peripheral nerve pain
- Complex regional pain syndrome

TREATMENTS OFFERED

- Steroid injections
- Facet injections
- Facet rhizotomy
- Spinal cord stimulation
- Pain pump evaluation
- Stellate ganglion injections
- Peripheral nerve block
- Trigger point injections
- Sympathetic nerve block
- Occipital nerve block
- Genicular nerve injections
- Genicular nerve ablations
- Sacroiliac joint injections
- Sacroiliac joint ablations
- Lysis of epidural adhesions

Most procedures are performed under fluoroscopy (X-Ray) as an outpatient at McLaren Macomb Hospital. IV sedation is offered to provide relaxation during your procedure.

Muscle pain

Headaches

Sacroiliitis

Occipital neuralgia

Post-operative knee pain

Meralgia paresthetica

Coccygodynia (tailbone pain)

Post herpetic neuralgia (shingles)