

# McLaren Thumb Region Cardiopulmonary Department

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## Exercise Stress Tech Sheet

Tech Initials: \_\_\_\_\_

Patient: \_\_\_\_\_

Gender:  Male  Female

Date of Exam: \_\_\_\_\_

Patient ID#: \_\_\_\_\_

Age: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Ordering Physician: \_\_\_\_\_ Family Dr.: \_\_\_\_\_

Clinical Indication: \_\_\_\_\_

Height: \_\_\_\_\_ inches

Weight: \_\_\_\_\_ lbs

Allergic to: \_\_\_\_\_

Previous exam?  Yes  No

Medications taken today  Yes  No If yes, was one a **Beta Blocker?**  Yes  No

Protocol Type:  Bruce  Modified – Bruce  Low Level

Exercise Time: \_\_\_\_\_ Minutes \_\_\_\_\_ Seconds

Max Work Load: \_\_\_\_\_ METS

100% Target HR: \_\_\_\_\_ BPM

85% Target HR: \_\_\_\_\_ BPM

Resting HR: \_\_\_\_\_ BPM

Max HR obtained: \_\_\_\_\_ BPM  Suboptimal HR

% Age Predicted HR: \_\_\_\_\_ %

Resting BP: \_\_\_\_\_ / \_\_\_\_\_

Peak BP: \_\_\_\_\_ / \_\_\_\_\_

BP response: (see Impression #4 for transcription)

Peak RPP: \_\_\_\_\_ (Max systolic BP x Max HR)

Symptoms: \_\_\_\_\_

Test stopped due to: \_\_\_\_\_

***Cardiologist to complete from here down***

### **EKG Interpretation:**

1. Baseline Electrocardiogram: \_\_\_\_\_

2. EKG Changes: \_\_\_\_\_

3. Arrhythmias: \_\_\_\_\_

4.  Normal  Hypertensive  Hypo-tensive blood pressure response to exercise

5. Patient's exercise tolerance is:  poor  average  good

**Echocardiogram Interpretation:** \_\_\_\_\_

### **Stress Test Impression:**

1.  Negative  Positive  Indeterminate for Stress induced Ischemia

2.  Correlate with nuclear findings

3. \_\_\_\_\_

4. \_\_\_\_\_

Interpreting Physician: \_\_\_\_\_

<input type="checkbox"/> Nuclear MPI exam
<input type="checkbox"/> Regular Stress
<input type="checkbox"/> Stress Echo

Technical note: do not include on report
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