

**APPOINTMENT FOR A STRESS TEST**

NAME:

APPOINTMENT DATE:

APPOINTMENT TIME:

ARRIVAL TIME AT CENTRAL REGISTRATION:

**IMPORTANT TEST PREPARATION FOR:  
LEXISCAN MYOVUE STRESS TEST/ PERSANTINE MYOVUE  
STRESS TEST**

1. DO NOT HAVE caffeine (coffee & colas), decaffeinated beverages (decaffeinated coffee), chocolate, or tea for 12 hours before test.
2. If you take any of the medications listed on the attached medication sheet, PLEASE DO NOT TAKE THE MEDICATIONS ON THE ATTACHED SHEET THE DAY BEFORE AND THE DAY OF YOUR TEST—BUT BRING THEM WITH YOU TO THE TEST.
3. DO NOT USE tobacco or alcohol products for 12 hours before test.
4. Do not eat 4 hours prior to exam. It is okay to take approved medications with a sip of water.
5. IF YOU ARE DIABETIC, ask your doctor's office for special instructions. If you are currently on insulin **DO NOT** take morning dose unless blood sugar is over 200, please bring your insulin with you.
6. Wear comfortable loose-fitting clothing, (no one-piece items such as jumpsuits or dresses). Please do not wear any metal (buttons or items) on the chest area.
7. Do not apply lotions or powder to the chest area. Underarm deodorant is acceptable.
8. Allow 3-4 hours for completion of the nuclear stress test. This includes preparation time and post-test monitoring.
9. Bring a list of your current medications, including dosages. Please bring medications not taken with you.
10. Patients not showing up for their test without 12 hour notice (or just cause) will be billed for the cost of the isotope.
11. If your weight exceeds 300 pounds, please notify central registration prior to your test at 989-269-9521 X-4666 as a 2<sup>nd</sup> appointment will be necessary.
12. Please arrive to central registration 15 minutes early and bring your physician order with you.

The result of the test will be available in approximately 2-5 days.