# GENETIC COUNSELING AND TESTING

Anyone concerned about their risk of breast and other cancers can receive an evaluation from Karmanos' genetic counseling specialists, who base their assessments on personal and family cancer history and other risk factors.

The individuals we counsel want to learn more about their risks so that they and their doctors can make appropriate screening and treatment decisions.



# **SUPPORTIVE SERVICES**

From your first visit, Karmanos is ready to help you every step of the way. An oncology patient navigator will be assigned to you at your first appointment to help meet all of your needs during treatment. These individuals are trained according to the multidisciplinary team that is caring for you, and will follow you throughout your entire cancer journey at Karmanos.

Karmanos understands that superior cancer care also takes into account the patient's mind, body and spirit. That is why we offer a variety of support groups, counseling services, educational programs and classes along with other therapies and services. Educational

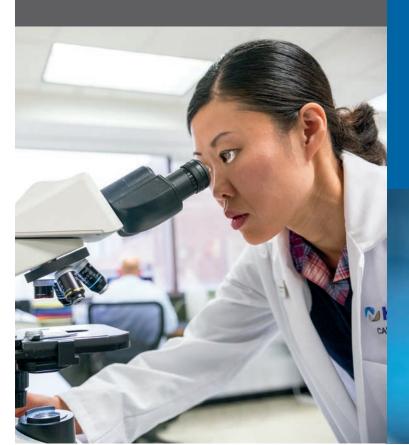
classes include a pre-surgical class for those having breast surgery and chemotherapy class for those that will be receiving treatment. Through this extra care and support, we

ensure that patients and caregivers have the resources needed to have a successful journey through cancer.

### ADVANCING CANCER CARE

Karmanos Cancer Institute,
headquartered in Detroit, is a
National Cancer Institute (NCI)-designated comprehensive cancer center. We have competed for and continuously maintained this prestigious designation since 1978. Earning the NCI's top designation confirms our commitment to excellence and a promise to bring the best to our cancer patients. Since comprehensive cancer centers are at the forefront of cancer research, they treat all cancers — including the most complex.

The scientific advances Karmanos researchers make every day help determine treatment options and guide treatment courses. We're at the forefront of offering treatments that define the new standards of care. Our research programs are bringing safe, effective and groundbreaking treatments from the laboratory bench to the patient's bedside.



It is important for patients who suspect or have been diagnosed with cancer to be evaluated by cancer experts before beginning treatment.

We can help.

For appointments, call:

1-800-KARMANOS (1-800-527-6266) or visit karmanos.org

#### **OUR VISION**

A world free of cancer

#### **OUR MISSION**

To lead in transformative cancer care, research and education through courage, commitment and compassion



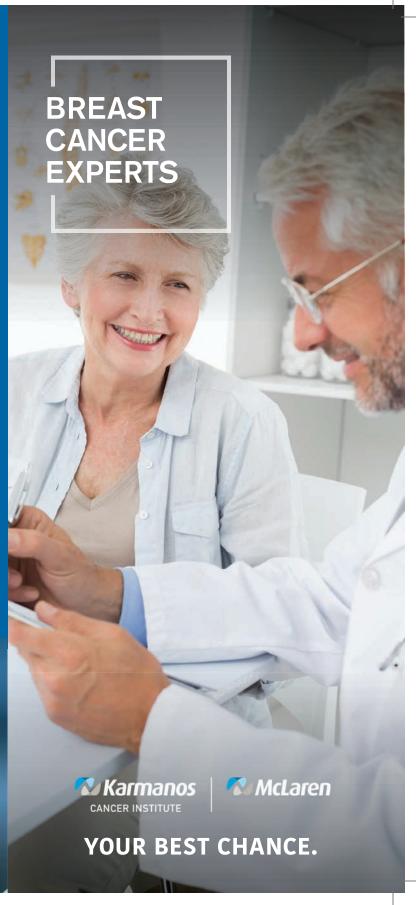
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YOUR BEST CHANCE.

1-800-KARMANOS KARMANOS.ORG



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## YOUR BEST CHANCE

If you or your loved one has been diagnosed with breast cancer, it is important to be evaluated by breast cancer experts. The Barbara Ann Karmanos Cancer Institute can help.

Our physicians specialize in the evaluation, diagnosis and treatment of specific types of cancer. Karmanos is solely focused on treating cancer. That means we're completely devoted to offering every patient the best treatment options that lead to the best possible outcomes.

From groundbreaking research to the most up-to-date therapies and individualized treatment plans, Karmanos is truly blazing the path forward in the fight against cancer. We're committed to being at the forefront of cancer treatment and offering tomorrow's standard of care today. Since our physicians are leaders in their specialities, you can be assured of having access to the most advanced therapies available.

## **BREAST CANCER EXPERTS**

Our Breast Cancer Multidisciplinary Team includes surgical oncologists, medical oncologists, radiation oncologists, radiologists, pathologists, plastic surgeons, pharmacists, specialized nurse practitioners, dietitians, social workers and genetic counselors. The team shares its collective expertise to create a customized treatment plan for each patient.

The team is also entirely focused on breast cancer. Its oncologists and surgeons have completed additional training in treating breast disease. Our skilled plastic surgeons offer both implant and tissue-based reconstructive options. Our radiologists are highly-trained in reading breast scans—and their input is critical to setting the best course for your treatment.

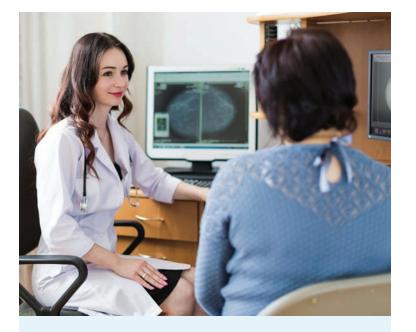
In addition, Karmanos physicians are sharing their knowledge, expertise and research to teach the next generation of oncologists to advance cancer care.

# Innovative, Individualized Care

Karmanos understands that cancer is a complex disease that demands complex care — we don't follow a standard approach to fighting cancer.

Here's what patients can expect from our Breast Cancer Multidisciplinary Team:

- A passionate, caring, expert team, giving you the best chance of success.
- A collaborative approach that considers all available treatment options, including clinical trials, for your specific type of breast cancer.
- A carefully constructed treatment plan designed to achieve the best possible outcome.
- Respectful, compassionate care that is responsive to your emotional needs and lifestyle.
- Proactive, timely communication with you and your loved ones and your personal physician.



# **EVALUATION AND DIAGNOSIS**

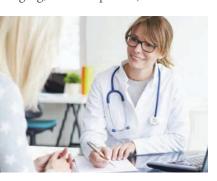
We know conventional treatments do not always work. That is why every eligible patient is able to participate in one of more than 800 clinical trials available to ensure their best chance at beating their cancer. We have one of the largest clinical trials programs in America, giving patients access to more than 250 promising new, cancer-specific treatments not found at other hospitals or health organizations.

Depending on your case, Karmanos may also perform real-time breast imaging and diagnostic studies. A single breast tumor can be a combination of types or a blend of invasive and insitu cancer. Whether you have ductal carcinoma, lobular carcinoma, or a less common type like triple-negative breast cancer, our specialized breast cancer radiologists will evaluate your scans and make sure the proper diagnosis is made.

#### WOMEN'S WELLNESS CLINIC

Karmanos not only offers specialists in breast cancer, we have highly-trained nurse practitioners who are focused on overall breast and women's health and wellness. The Women's Wellness Clinic at our Alexander J. Walt Comprehensive Breast Center in Detroit and Weisberg Cancer Treatment Center in Farmington Hills offers these services:

- Continued care and monitoring for breast cancer patients after treatment, in coordination with the patient's oncologist or surgeon and primary care doctor
- Assessments for new patients with new breast problems (pain, lump, asymmetry, nipple discharge, abnormal imaging, second opinion)
- Well-breast care, including clinical breast exams on the same day as a mammogram and a review of preliminary results
- Assessments, counseling and monitoring for elevated risk for breast cancer



- Assessment and treatment of menopausal symptoms
- Recommendations for chemoprevention/ increased imaging/increased surveillance
- Treatments to address lymphedema, drug induced menopause and other issues related to cancer therapy
- Sexual health counseling and education

Karmanos

CANCER INSTITUTE

**McLaren** 

Call for an appointment today.

1-800-KARMANOS (1-800-527-6266) or visit karmanos.org