



CARO REGION

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**Instructions to Patients who are Breast-feeding**

I confirm that I am breast feeding a child and that I will adhere to the waiting period listed below. During this waiting period, I may express breast milk, but I will discard this milk and will not feed it to a child.

I understand that a portion of radioactive material which I have received can be found in breast milk and that if I breast-feed during the delay time, my child will receive unnecessary radiation dose.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Radiopharmaceutical: \_\_\_\_\_

Administered Dose: \_\_\_\_\_

Time to wait before resuming breast-feeding: \_\_\_\_\_

Reference NRC Table 3 "Activities of radiopharmaceuticals that require instructions and records..."

In Reg. Guide 8.39 "Release of Patients administered radioactive material."