



## **Florical**

Your physician has found that you have otosclerosis in your inner ear, or cochlea, as contributing to your hearing loss. This condition can be treated with a medication which may prevent or minimize further loss of hearing due to damage to the hearing organ.

Occasionally, otosclerosis is also treatable by surgery if it involves the stapes ear bone. If this is true in your situation, your physician will discuss it with you. Often, inner ear otosclerosis and stapes bone otosclerosis are both present.

The brand name of this medication is Florical (fluoride). It is made by Mericon Industries and can be taken as an over-the-counter supplement unless you are pregnant or have kidney disease known as glomerulonephritis.

Florical is available over-the-counter (no prescription needed). You should take 2 capsules of the Florical twice daily with meals plus a multivitamin with 400U vitamin D once a day. You may take any brand of multivitamin. Continue this medication until we tell you to stop, but typically the plan is for two years.

While you are taking this medication, your hearing will need to be re-evaluated periodically. Therefore, we will want to see you six months after you begin taking this medication. Please schedule this appointment.

If you must take Tetracycline, please stop Florical during that time. The Florical may be resumed after the completion of this medication.

If any questions, please do not hesitate to call the office.