

Tympanoplasty, Mastoidectomy Surgery

-Risks of surgery:

- *Taste change is common after this operation and typically improves over weeks to months. Rarely can this be permanent.
- *There is always a low risk of infection and/or bleeding with any operation, as well as risk from anesthesia.
- *Additional rare risks include temporary or permanent facial weakness, dizziness or imbalance, permanent hearing loss.

-Day of surgery:

- *Most often the operation is performed as an outpatient (same-day) procedure under general anesthesia.
- *Do not eat or drink after midnight the day prior to surgery (no coffee or breakfast the day of surgery).
- *Your primary care physician and/or anesthesiologist will review your medication instructions with you and instruct you what to avoid the morning of surgery.

-Post-operative care:

- *The head dressing/band-aid must stay on for 24 hours and the incision be kept dry for at least 48 hours. You may wash your hair during this time over the sink with a cup over the ear and incision.
- *You will have packing in the ear that must stay in place until your return visit. Use a cotton ball as needed if there is ear drainage.
- *The operation does not typically cause much post-operative pain, but you will be given pain medication after the procedure. We will only refill pain medication for post-operative pain for up to two weeks after the procedure, then you must discuss with your primary care physician.
- *No nose blowing or heavy lifting over 5 pounds for 2 weeks.
- *You must keep the ear dry after surgery for 6 weeks (or until cleared by your surgeon)- use a cotton ball with ointment coating the outside when showering.
- *Most people take about one week off from work or normal activities- you may return to work sooner if desired.

-Additional post-operative information:

- *If you wear glasses, you may want to remove an arm as to be able to use your glasses with the head dressing in place and not put pressure over the incision.
- *It is normal to hear funny noises in the ear (buzzing, ringing, popping) and feel pressure or occasional sharp/shooting pains while the area heals.
- *The packing in the ear will take up to six weeks to dissolve, and final hearing result is not expected until after this time.
- *Call the office for any swelling, and/or redness of the incision site, fever, or other concerns.