



**McLAREN OAKLAND
BEHAVIORAL HEALTH
ADMISSIONS INFORMATION**



OAKLAND

DOING WHAT'S BEST.®

50 N. Perry Street • Pontiac, Michigan 48342
(248) 338-5588

mclaren.org/oakland

MO-423 (04.21)



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Prohibited for confidentiality reasons:

- Cameras
- Cell phones
- Drones
- Any device that connects to the internet, including Smart watches

Prohibited for housekeeping reasons:

- Glass containers
- Picture frames with glass in them; patients or family must remove the glass form such an item is brought
- Nail polish and nail polish remover
- Any form of glue
- Hand sanitizer's

Prohibited for security reasons:

- Weapons, including pocketknives, metal tweezers, nail file, guns, tasers, pepper spray/gel, handcuffs, mace, hard copy books, long full-size pencils, ink/gel pens, scarves, baseball hats, knit hats, sunglasses unless medical necessary
- Other illegal or stolen items such as pirated movies, DVD's or other copyrighted materials
- Items of high or sentimental value, such as: jewelry, cash or credit cards, purses, musical instruments, or sports equipment and rosary

Prohibited for medical reasons:

- Diabetic patients cannot bring their own syringes or insulin. These will be supplied through our facility
- Diabetic patients cannot bring their personal glucometers for use during their stay. Diabetic patients who are being admitted for treatment will utilize a McLaren Oakland glucometer Exceptions requiring medical approval include:
 - Glucometers attached to insulin pumps
 - Fragrances such as after shave, body spray, cologne, perfume
 - Aerosol containers

Prohibited for sanitation reasons:

- Blankets, pillows, or sheets brought from home
- Food, candy, gum or beverages from home
- Pre-packaged food items that would require storage (patient luggage and/or patient rooms cannot be used for food storage, and patient items cannot be stored in hospital refrigerators or food storage cupboards, pantries, etc.)
- Stuffed animals
- Fans
- Heaters
- Foam mattresses or supports
- Exceptions are patients coming with pre-diagnosed chronic pain issues who have a physician order and our medical staff orders its use

PATIENT PACKING LISTS AND MORE

Patients should be selective about the items they bring, because all items are brought in at the patient's full risk. McLaren Oakland does not accept any responsibility for lost, stolen, or damaged items that are in the patient's possession or in the patient's room.

Patients who have a valuable item may have this item locked in the facility's safe, where it will be stored until it is either sent home with family or returned to the patient upon the discharge. Patients will not be able to retrieve items from the safe under any other conditions.

What will I need to wear?

Please limit your clothing to three (3) changes of clothing. A washer and dryer are available on each unit to wash clothes as necessary. Casual clothing is recommended.

What should I pack?

- Three casual outfits, with clothes that do not have drawstrings or offensive/inappropriate graphics or logos.
- We recommend slacks or jeans with comfortable shirts/tops or comfortable, casual dresses. No short dresses, short shorts or very low shirts showing cleavage are allowed.
- A supply of socks and underwear that will last three to five days. Please note that we do not allow tube socks or leggings.
- Shoes that do not have shoelaces. Please note that boots are prohibited, and we discourage open-backed slippers due to high risk for falls.
- A sweater or light jacket without drawstrings or hoods
- Personal toiletries including comb, brush, deodorant, toothbrush, and toothpaste. The hospital can also provide toiletries as necessary.

What should I leave at home?

- Electronics including mobile phones, MP3 players, radios, electronic readers, laptop computers, tablets, alarm clocks or other corded items
- Makeup, aerosol cans, glass/aluminum containers, mirrors, products containing alcohol, flat irons or curling irons.
- Jewelry and other valuables
- Cash
- Clothing with drawstrings including sweatpants, running shorts, hoodies, pajamas, etc.
- Belts (pants need to fit enough that they don't sag or fall)
- Tobacco products, lighters or matches, vaping/vaping products
- Pillow, blankets or stuffed animals
- Outside food and drinks (hospital provides meals and snacks)
- Luggage should be taken home by family or friends upon admission; if luggage is left, it must be labeled appropriately for storage.

What about my medications?

Please provide a list of your current prescriptions and over-the-counter medications, including dosages and frequency. Medications should be left at home unless they have been approved by hospital staff or physicians. Your intake nurse will check with the pharmacy to see if your medications are on our formulary. If we are not able to provide your prescription, your supply may be sent from home.

Facility Storage & Notification

Behavioral Health Unit staff must be notified at the nurses' station when patient belongings are brought into or removed from the unit. This ensures a secure environment and reduces loss. Prohibited items will be stored in a storeroom, placed in the facilities safe or sent home with family or friends.

While storage for some prohibited items is allowed, McLaren Oakland is not responsible for lost, stolen or damaged articles. *We ask that you refrain from bringing valuable items to the hospital.*

WHAT NOT TO BRING: PROHIBITED ITEMS

Please note that McLaren Oakland reserves the right to restrict any item even if not listed below that has the potential to pose a threat to the safety of its patients and staff or that may compromise the integrity of the program or the recovery environment.

Prohibited for clinical reasons:

- Alcohol, illegal substances, or drug paraphernalia
- Any product which has alcohol listed as one of the first five ingredients
- Bath salts
- Products containing CBD
- K2 or other such substances
- Any cigarettes, tobacco or nicotine products (including electronic cigarettes and vaping devices), lighters, matches
- Outside food, snacks or beverages of any kind
- Pornography or sexually suggestive material, culturally sensitive materials
- Provocative clothing such as short shorts, miniskirts, see-through material, tank tops, or low-cut tops, underwire bras, or anything containing metal, or strings, hoodies, jogging suits with strings, shoelaces
- Any belongings referencing alcohol, drugs, profanity, violence, nudity or gambling
- Any electronic equipment, including video games; laptops; iPads; all Kindles, Nooks and other electronic reading devices; radio alarm clocks; radios, iPods, MP3 devices; DVD players, headphones, ear buds
- Paperwork or homework for business or school and any non-recovery reading materials
- Purses
- Keys
- DVDs, movies, music, or tapes, CD's