



## ED discharge - patients with seizure/epilepsy instructions & follow up

\* *INSTRUCTIONS to ED staff: please fax the above referral form to the epilepsy clinic 586-493-3299*

Date of Visit:        *{place patient sticker here}*

Patient Name:        *{place sticker here}*

Date of Birth:

You have been diagnosed with a seizure(s).

As part of the diagnostic work up and management for your condition, your ED physician recommends the below:

- A. Clinic follow up with an epilepsy/seizure specialist: Please call the McLaren Macomb Epilepsy clinic to schedule an appointment - Dr. Ardeszna and Allyson Hayman PA-C 1030 Harrington Street Suite LL01 Mt. Clemens, MI 48043 Tel 586-493-3297

### General Instructions:

- Please keep a log of your seizures/episodes
  
- If you have any breakthrough seizures or side effects, including but not limited to mood changes please call the office.
  
- Seizure Precautions: No driving until seizure free for six months  
Do not work around heights, with power tools, machinery or dangerous chemicals  
It is safest to take showers and not baths