

McLaren Print System Order

Order No: 67232
 Order Date: 2022-01-22
 User: Mary Bitzer
 Phone: (810) 342-1711

Ship Location: McLaren Flint CMC Women's Health ****ATTN- Mary Bitzer****
 1314 S Linden Rd, Suite A
 Flint, MI 48532

Brochures
 Quantity: 300
 Paragon Dept No: 50028
 Dept Name: McLaren Flint CMC Women's Health
 Company Number: 60

Order Total Price: 240.00

Item Number: M-10370
 Item Description: Breastmilk Storage Magnet
 Revision Date: 2014
 Print:
 Paper:
 Size:
 Fold:
 Finish:
 Drill:
 Misc Info: 4x7 Magnet with rounded corners

Breast Milk Storage Guidelines for Healthy Babies

| Freshly expressed breast milk | Room Temperature 66-72°F | Refrigerator 32° F | Freezer 4° F <small>(Don't store on door. Keep frozen solid.)</small> |
|-------------------------------|--------------------------|--------------------|--|
| | 4 hours | 5-7 days | 3-4 months 6-12 months or longer in deep freezer (0° F or less) |

- Wash hands before pumping.
- Use "oldest" milk first. Label milk with date.
- Thaw milk in refrigerator overnight or hold bottle under warm running water.
- To bring milk up to body temperature, place sealed container in a bowl of warm water for 20 minutes.
- Thawed milk is safe in refrigerator for 24 hours.
- NEVER refreeze milk.
- NEVER microwave breast milk.

Spec Info: **McLaren** *If you have questions or concerns, call McLaren's Lactation Consultant at (810) 342-4896.*
 FAMILY BIRTHPLACE
 M-10370 (2014)