

**McLaren Print System Order**

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 User: Michelle Lindeman  
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 3515 Coolidge Road, Suite # 4  
 East Lansing, MI 48823

Brochures  
 Quantity: 175  
 Paragon Dept No: 810  
 Dept Name: McLaren East Lansing Family Practice  
 Company Number: 810

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**Comprehensive and Integrated Health Care**

Our patient centered medical home is health care focused on you, the patient. It is a partnership between you and your provider. Your provider leads a team of health care professionals committed to improving your overall health and to helping you reach your personal health goals.

The patient centered medical home focuses on connecting the dots of coordinated care for each patient. Your health team may consist of your primary care provider, nurses, specialty physicians, pharmacists, dietitians, care coordinators and others depending on your needs. For example, do you want to quit smoking? Better control your diabetes or asthma? Lose weight? Manage your stress? Your medical home provider will put the right team in place for you.

**The Goals of a Patient Centered Medical Home (PCMH) include:**

- A discussion with your provider regarding your health care goals.
- Asking for your input in planning your care and designing a plan which you can follow.
- Exploring methods to appropriately care for you, and ways to help you care for yourself.
- A reminder when appointments or tests are due so that you may receive the highest quality of care.
- Provide access to medical care 24 hours a day, 7 days a week.

The Patient Centered Medical Home concept includes an agreement between the provider and the patient that acknowledges the role of each in a total health care program. We will always respect you as an individual without discrimination, including your privacy and confidentiality. We will remain committed to providing the highest quality of care and professionalism.

**Care Coordination**

If you are hospitalized, following up with your Primary Care Provider is essential to your recovery and minimize possible complications. You should schedule an appointment with your Primary Care Provider within 7 days after discharge. Case Management Services are available to assist you with transportation needs, utilization, or other challenges.

**Spec Info: Please remove Dr.Sials name from the flyer. She is no longer working here. Thank you.**

**Emergencies**

Regardless of the time of day or night, if medical attention is needed please contact our office for medical advice, emergency care, and/or guidance to our preferred after-hours care facility. Call 911 or go directly to the nearest emergency room if you are having any of the following:

- |                               |                                                           |                                                   |
|-------------------------------|-----------------------------------------------------------|---------------------------------------------------|
| ■ Chest pain                  | ■ Signs of a stroke (weakness, paralysis, slurred speech) | ■ Heavy bleeding that does not stop in 10 minutes |
| ■ Extreme shortness of breath | ■ Poisoning                                               | ■ Severe burns                                    |
| ■ Head injury or trauma       | ■ Complicated fracture                                    | ■ Homicidal feelings                              |
| ■ Seizures                    |                                                           | ■ Suicidal feelings                               |
| ■ Pregnancy complications     |                                                           |                                                   |