

## KARLA LAFOND, PT

Physical Therapist

Karla has been at McLaren Rehabilitation since 2016. She has extensive background in treating athletes, pediatric sports injuries, and post-surgical and chronic conditions. She has completed additional training in manual therapy and is a certified Graston provider for instrument-assisted soft tissue mobilization.

OFFICE Health & Wellness Pavilion East 3101 Discovery Drive, Suite 700 Lansing, MI 48910 Phone (517) 975-1590

EDUCATION Master's in Physical Therapy Grand Valley State University Bachelor of Science in Health Services Grand Valley State University

CERTIFICATION Graston Technique



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