



KARLA LAFOND, PT

Physical Therapist

Karla has been at McLaren Rehabilitation since 2016. She has extensive background in treating athletes, pediatric sports injuries, and post-surgical and chronic conditions. She has completed additional training in manual therapy and is a certified Graston provider for instrument-assisted soft tissue mobilization.

OFFICE

Health & Wellness Pavilion East
3101 Discovery Drive, Suite 700
Lansing, MI 48910
Phone (517) 975-1590

EDUCATION

Master's in Physical Therapy
Grand Valley State University
Bachelor of Science in Health Services
Grand Valley State University

CERTIFICATION

Graston Technique



DOING WHAT'S BEST.

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