

**McLaren Print System Order****Order No: 69872 Reprint Previous Order No: 23771****Order Date: 2022-05-16****User: Riegle Press****Phone: 810-342-1066****Ship Location: McLaren Flint Foundation 6 North  
401 S Ballenger Hwy  
Flint, MI 48532****Forms****Quantity: 100****Paragon Dept No: 90600****Dept Name: McLaren Foundation****Company Number: 810****Order Total Price: 0.00****Item Number: FAX 173****Item Description: McLaren Bay OCCUPATIONAL AND CONVENIENT CARE****Revision Date: 9/2016****Print: 1 sided black and white****Paper: 20# White Text****Size: 8.5 x 11****Fold:****Finish: None****Drill: None****Misc Info:**



BAY REGION

Sleep Center

1460 W. Center Road Suite 2 • Essexville, MI 48732 • (989) 895-4825

### THE EPWORTH SLEEPINESS SCALE

How likely are you to doze off or fall asleep in the following situations, in contrast to feeling just tired? This refers to your usual way of life in recent times.

Even if you haven't done some of these things recently, try to work out how they would have affected you. Use the following scale to choose the most appropriate number of each situation:

- 0 = would never doze
- 1 = slight chance of dozing
- 2 = moderate chance of dozing
- 3 = high chance of dozing

Situation	Chance of dozing Score 0-3
Sitting and Reading.....	<input type="checkbox"/>
Watching TV .....	<input type="checkbox"/>
Sitting, inactive in a public place..... (e.g. a theatre or meeting)	<input type="checkbox"/>
As a passenger in a car for an hour without a break.....	<input type="checkbox"/>
Lying down to rest in the afternoon when circumstances permit .....	<input type="checkbox"/>
Sitting and talking to someone .....	<input type="checkbox"/>
Sitting quietly after a lunch without alcohol.....	<input type="checkbox"/>
In a car, while stopped for a few minutes in the traffic.....	<input type="checkbox"/>
Total.....	<input type="checkbox"/>

The higher the score, the greater the chance of a diagnosis of OSA.

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_

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