

**McLaren Print System Order****Order No: 70337 Reprint Previous Order No: 70310****Order Date: 2022-06-10****User: Rebecca Kleeves****Phone: 8199893360****Ship Location: McLaren Port Huron 2S Surgical Services office Attn: Becky Kleeves  
1221 Pine Grove Ave  
Port Huron, MI 48060-3568****Forms****Quantity: 500****Paragon Dept No: 28575****Dept Name: Surgical Services****Company Number: 480****Order Total Price: 94.75****Item Number: PH-547****Item Description: Discharge Instructions Pediatric Outpatient Surgery****Revision Date: 6/2022****Print: 1 sided black and white****Paper: 3 Part (White, Yellow, Pink)****Size: 8.5 x 11****Fold: None****Finish: None****Drill: None****Misc Info: Discharge Instructions Pediatric Outpatient Surgery**



## PORT HURON

1221 Pine Grove, Port Huron, MI 48060  
Phone #: (810) 989-3281

Patient Information

### Discharge Instructions Outpatient Surgery

#### Things to Remember for Adults:

- Because your mental ability and reflexes are diminished after receiving anesthetic drugs:
  - You should not operate a vehicle, make critical decisions, or engage in an occupation involving machinery or appliances for 24 hours.
  - You should not drink any alcoholic beverages during the next 24 hours or while taking pain medication.
  - You may have a sore throat, which will subside in 24 - 48 hours.
- Prescriptions may be filled at our pharmacy before leaving for your convenience or at any other pharmacy. The last time you received pain medication was \_\_\_\_\_
  - See attached home medication list
  - Take prescriptions with food unless otherwise indicated. Take antibiotics until gone. If any of the following signs occur, stop the medication and notify your doctor: Abdominal pain, itching, swelling, rash, diarrhea, or difficulty breathing. No aspirin or aspirin products until directed by your doctor. You should not drive or smoke in bed while taking prescription pain medications. **If you smoke, you are advised to quit.**
- Diet: Light Diet - no greasy, spicy, or fried foods, advance as tolerated. Other  : \_\_\_\_\_
- Instruction Sheets Attached:
  - Smoking Cessation Packet offered
  - Frequently Asked Questions on Infections:
    - Surgical Site       Blood Stream       Urinary Tract
  - Doctors Office:
    - Knee       Shoulder       Crutches       Exercises
  - Other: \_\_\_\_\_
- Activity – Rest Today/ Restrictions: \_\_\_\_\_
- Special Instructions: \_\_\_\_\_
- Leave dressing in place until \_\_\_\_\_
- If indicated by your doctor, use an ice bag for 24-48 hours. Use it for 20 min. on, and 20 min. off. Do not place the bag directly on the skin or incision. Elevate affected part (hand, arm, foot, leg) for 24-48 hours after surgery.
- You are to see Dr. \_\_\_\_\_ on \_\_\_\_\_
- If you develop problems**, please contact Outpatient Surgery (open until 5 p.m., closed weekends) or your doctor. If unable to reach your doctor, come to the EMERGENCY ROOM (open 24 hours). You should get in touch with your doctor if you develop any of the following signs and symptoms of infection such as: (redness or cloudy drainage from surgical site, fever above 101° & chills), heavy bleeding, inability to urinate after adequate fluid intake, or any unusual occurrence.
- Patients current level of pain upon discharge (0-10): \_\_\_\_\_
- I have received and read/had read to me the following instructions

\_\_\_\_\_  
Patient/Guardian

\_\_\_\_\_  
Date/Time

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Date/Time

