

McLaren Print System Order

Order No: 70506
 Order Date: 2022-06-17
 User: Cindy Weller
 Phone: 810-342-4289

Ship Location: McLaren Flint - 1N Therapy Service area - Cindy Weller
 401 S. Ballenger Hwy.
 Flint, MI 48532

Brochures
 Quantity: 100
 Paragon Dept No: 23020
 Dept Name: Joint & Spine Center
 Company Number: 60

Order Total Price: 22.00

Item Number: M-2937
 Item Description: JOINT AND SPINE Shoulder Brochure
 Revision Date: 8/2020
 Print: 2 sided full color
 Paper: 80# Color Copy Cover
 Size: 8.5 x 11
 Fold:
 Finish:
 Drill:
 Poster:
 Misc Info: 8.5x11, ds, bi-fold

RECOVERY AFTER SURGERY

- Pain pills will be given to you, please follow the instructions your doctor or nurse went over with you about your prescribed medications.
- It is normal to have pain after surgery, however, we work hard to make sure you are comfortable. You will be asked frequently to rate your pain and our team will do everything possible to ensure appropriate pain relief. You will be given a prescription at discharge for your pain medication.
- You will have a dressing and sling applied to your surgical area. Your doctor will instruct the nurse regarding dressing changes or sling removal.
- The sling will be applied to your surgical area for 24-48 hours post operatively.
- You may have oxygen for 24 hours after surgery. You will be asked to breathe deeply and cough. These simple but important breathing exercises are to prevent problems with your lungs following surgery.
- An Occupational Therapist will see you after surgery to go over dressing techniques, adaptive equipment recommendations, exercise and restrictions requested by your surgeon.

DIET

You may resume your normal diet shortly after surgery and once you feel up to it. Go to www.chocosemyplate.gov for nutritional tips to help promote healing.

AFTER YOU ARE DISCHARGED:

- Do not drive after surgery until approved by your orthopedic surgeon.
- You can return to work as instructed by your doctor.
- You are not alone, McLaren's Joint & Spine Center Team is always available should you have questions/concerns regarding the surgery. Contact McLaren's Joint & Spine Center Team at 810-342-5505.
- Most shoulder replacement patients will go home from the hospital the day after surgery.
- After arriving home from the hospital it is recommended someone stay with you. Some patients will continue to need assistance for several days after their surgery.



Spec Info: