

**McLaren Print System Order**

**Order No: 70773**  
**Order Date: 2022-06-29**  
**User: Lynsi Montgomery**  
**Phone: 15179758598**

**Ship Location: McLaren Lansing - Attn: Lynsi Montgomery 2nd fl # 2-340**  
**2900 Collins Rd**  
**Lansing, MI 48910**

**Brochures**  
**Quantity: 200**  
**Paragon Dept No: 28550-1100**  
**Dept Name: OR**  
**Company Number: 160**

**Order Total Price: 38.50**

**Item Number: SURG-004**  
**Item Description: Pain Chart Handout**  
**Revision Date: 3/2022**  
**Print:**  
**Paper:**  
**Size:**  
**Fold:**  
**Finish:**  
**Drill:**  
**Poster:**  
**Misc Info: ss, full color, bleed**

Patient Sticker

Surgeon: \_\_\_\_\_

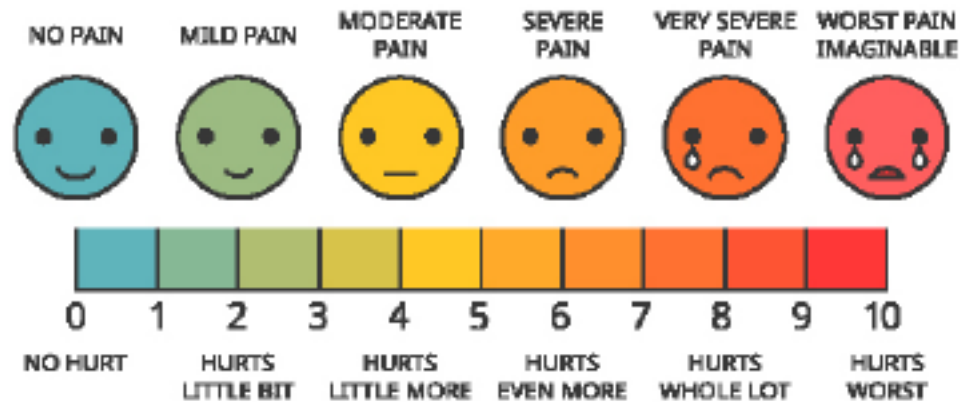
Anesthesiologist: \_\_\_\_\_

RN: \_\_\_\_\_

## YOUR COMFORT IS IMPORTANT TO US

Pain is expected after surgery. Our goal is to help you achieve a tolerable pain level. This is the pain scale we will use to assess your pain level:

### PAIN MEASUREMENT SCALE



Acceptable/Tolerable Pain Level: \_\_\_\_\_

There are several things we can do to help you achieve a tolerable pain level:

- Pain medications
- Ice packs
- Warm blankets
- Teaching you how to splint your incision sites when coughing and moving
- Repositioning/moving
- Decreasing stimulation, for example dimming the lights

Discharge goals:

- Your pain level is tolerable at rest
- You can tolerate drinking fluids; nausea is controlled
- Walking or you are able to tolerate sitting up in a chair
- Urinating prior to discharge, if indicated for your surgical procedure
- Your questions answered; your worries and concerns addressed
- Understanding your discharge instructions and how to use new medications

Pain medications:

Teach back complete

Medication: \_\_\_\_\_ Time taken: \_\_\_\_\_ Next dose due: \_\_\_\_\_

Medication: \_\_\_\_\_ Time taken: \_\_\_\_\_ Next dose due: \_\_\_\_\_