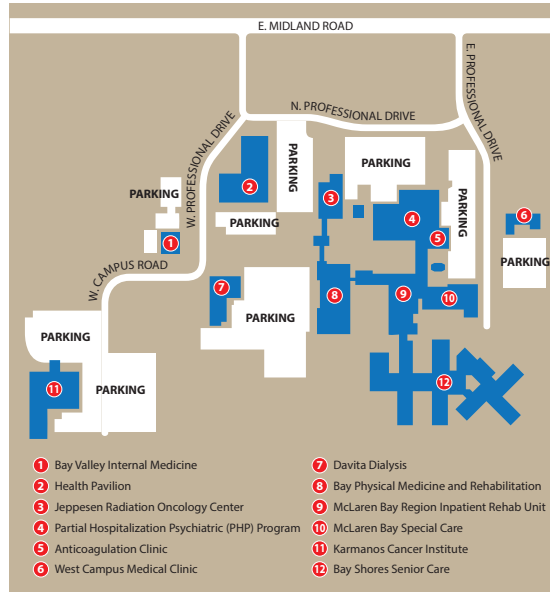




CARDIAC REHABILITATION

McLaren Bay Region's West Campus
 3190 E. Midland Road, Bay City, MI 48706
 Phone: (989) 667-6641
 Fax: (989) 667-6646



BENEFITS OF CARDIAC REHABILITATION

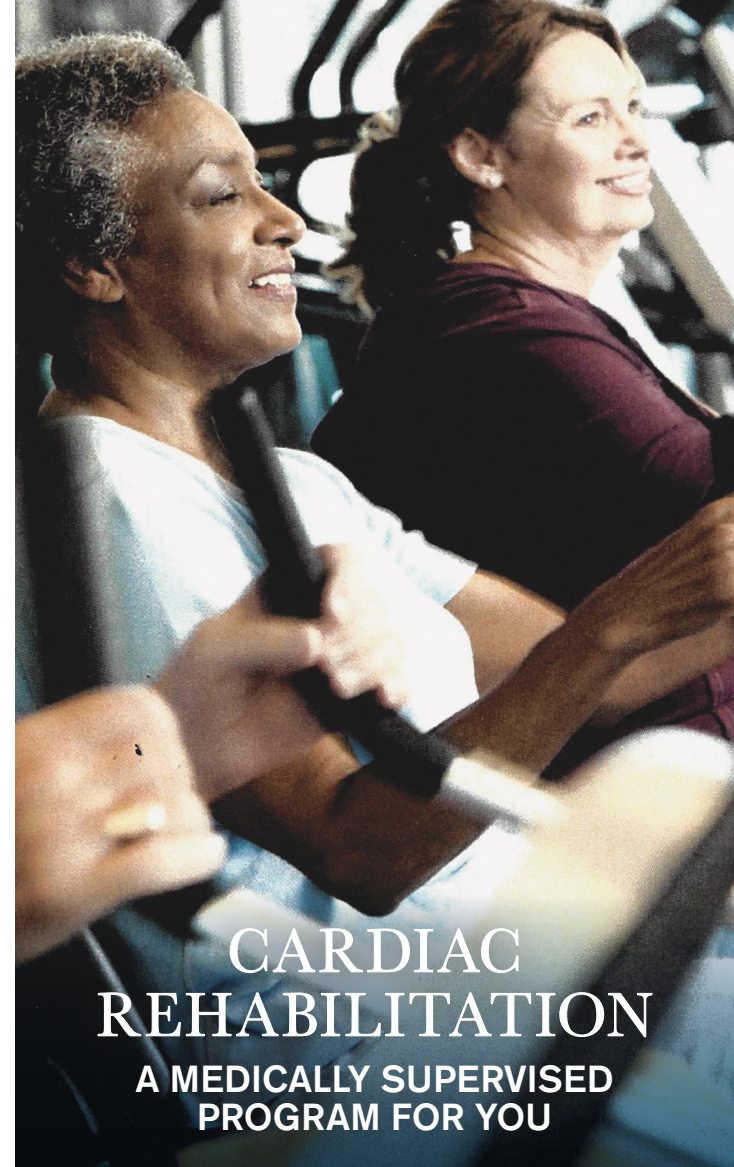
- Live longer and lessen the chance of another heart attack
- Control heart disease symptoms such as chest pain or shortness of breath
- Stop or reverse damage to the blood vessels in your heart
- Lessen the physical and emotional effects of heart disease
- Improve your stamina and strength, getting you back to your usual activities, including work, hobbies, and regular exercise.
- Improve your confidence and well-being



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CARDIAC
 REHABILITATION
 A MEDICALLY SUPERVISED
 PROGRAM FOR YOU



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