



CONNECTED CARE

The Chronic Care Management Resource

Managing Your
Health Care Can
Be Overwhelming,
But it Doesn't
Have to Be.





If you have **Medicare and live with two or more chronic conditions** like arthritis, diabetes, depression, or high blood pressure, chronic care management services can help connect the dots so you can spend more time doing what you love.

Services may include:

- At least 20 minutes a month of chronic care management services
- Personalized assistance from a dedicated health care professional who will work with you to create your care plan
- Coordination of care between your pharmacy, specialists, testing centers, hospitals, and more
- Phone check-ins between visits to keep you on track
- 24/7 emergency access to a health care professional
- Expert assistance with setting and meeting your health goals

Ask your doctor about chronic care management services and get the connected care you need.

For more information visit: go.cms.gov/ccm.

