

**McLaren Print System Order**

**Order No: 73979**  
**Order Date: 2022-12-05**  
**User: Deb House**  
**Phone: 989-269-9521**

**Ship Location: McLaren Thumb Attn Deb House, Imaging**  
**1100 S VAN DYKE RD**  
**BAD AXE, MI 48413**

**Forms**

**Quantity: 100**  
**Paragon Dept No: 27100**  
**Dept Name: Pulmonary Services - OP**  
**Company Number: 530**

**Order Total Price: 0.00**

**Item Number: 045.165**  
**Item Description: #65279;Stress test Discharge Instructions**  
**Revision Date: 8/2019**  
**Print: 1 sided black and white**  
**Paper: 20# White Text**  
**Size: 8.5 x 11**  
**Fold:**  
**Finish: None**  
**Drill: None**  
**Poster:**  
**Misc Info:**

1100 S. Van Dyke  
Bad Axe, Michigan 48413  
989-269-9521 • www.mclaren.org/thumbregion

**STRESS TEST DISCHARGE INSTRUCTIONS**

1. RESUME YOUR CURRENT MEDICATIONS AS TAKEN PRIOR TO TESTING.
2. YOU MAY EAT OR DRINK YOUR NORMAL DIET.
3. YOU MAY RESUME NORMAL ACTIVITIES.
4. PLEASE SCHEDULE A FOLLOW UP APPOINTMENT WITH THE ORDERING DOCTOR TO REVIEW TEST RESULTS.
5. IT IS POSSIBLE TO HAVE A HEART ATTACK AFTER A STRESS TEST. IF YOU FEEL ANY CHEST PAIN OR PRESSURE DO NOT IGNORE IT, GO TO THE NEAREST EMERGENCY DEPARTMENT OR CALL 911 TO BE EVALUATED. NEVER IGNORE CHEST PAIN OR PRESSURE, OR UNUSUAL SHORTNESS OF BREATH, AS THESE ARE POSSIBLE SIGNS OF A HEART ATTACK.

\_\_\_\_\_  
PATIENT SIGNATURE:      DATE: \_\_\_\_\_ TIME: \_\_\_\_\_

\_\_\_\_\_  
DISCHARGE EMPLOYEE SIGNATURE:      DATE: \_\_\_\_\_ TIME: \_\_\_\_\_

**Spec Info:**

THANK YOU FOR CHOOSING MCLAREN THUMB REGION. IT HAS BEEN A PLEASURE SERVING YOU!