

McLaren Print System Order

Order No: 74142
 Order Date: 2022-12-13
 User: Adam Johnsen
 Phone: 8103422561

Ship Location: McLaren Flint - EVS Attn: Adam J.
 401 S Ballenger Hwy
 Flint, MI 48532

Brochures
 Quantity: 3000
 Paragon Dept No: 92070
 Dept Name: Environmental Services
 Company Number: 60

Order Total Price: 750.00

Item Number: M-456
 Item Description: CHS Catering Menu
 Revision Date: 6/2021
 Print:
 Paper:
 Size:
 Fold:
 Finish:
 Drill:
 Poster:
 Misc Info: ds; color; #32; 12x18; double gate fold

LIQUID DIETS

CLEAR LIQUID MENU

Juices Apple Cranberry Ginger Ale Orange	Hot Beverages Fresh Brewed Coffee Decaffeinated Coffee Fresh Brewed Tea Decaffeinated Tea
Breads Beef Chicken Vegetable	Cold Beverages Iced Tea Ginger Ale Diet Ginger Ale
Bottled Water Regular Sugar Free	Sugar Free Lemon Sorbet Popsicles

FULL LIQUID MENU

Juices Apple Cranberry Ginger Ale Orange	Hot Beverages Fresh Brewed Coffee Decaffeinated Coffee Fresh Brewed Tea Decaffeinated Tea
Breads Beef Chicken Vegetable	Cold Beverages Iced Tea Ginger Ale Diet Ginger Ale
Bottled Water Regular Sugar Free	Sugar Free Lemon Sorbet Popsicles

DIET INFORMATION

Your diet, like your medication, is an important part of your treatment and may speed your recovery. You will receive the diet ordered by your doctor who may transition your diet through your stay.

- Regular** - There are no other restrictions for this diet.
- Sodium Restricted (2000 mg sodium)** - You will be served herbs and spices instead of salt as your seasoning. Foods such as processed meats, frozen, luncheon meats, hot dogs, sausage and ham will be limited.
- Low Cholesterol / Low Fat** - You will be served fresh fruits and vegetables, lean meats, low fat salad dressings and low fat dairy products.
- Consistent Carbohydrate** - Carbohydrates containing foods have the greatest effect on your blood sugar. You will be served the same amount of carbohydrates at each meal. Foods that contain carbohydrates include breads, cereals, potatoes, pasta, rice, beans, milk and milk products, fruit and fruit juices, sodas and sweetened beverages.
- Renal** - While on this diet, your meals may limit use or intake of the following foods: Protein - found in eggs, meat, and dairy products (milk, cheese, butter); Sodium - found in cured meats (bacon, ham) and other highly processed foods; Potassium - high in some fruits and vegetables; Phosphorus - found in milk, milk, chocolate and cereals.
- Gastrointestinal Soft** - While on this diet, you will not be served foods that may cause gas such as broccoli, cauliflower, cabbage, onion and garlic. Please notify Food and Nutrition Services of any other foods that cause you discomfort.
- Clear Liquids** - You will be served clear liquids including soups, coffee, tea, broth, and jelly. Milk or cream with your coffee will not be served.
- Full Liquids** - In addition to clear liquids, you may enjoy milk and milk products, including pudding and yogurt.

* = 25 grams of carbohydrates

Spec Info: