



GETTING READY FOR BIRTH AND INTRODUCTION TO BREASTFEEDING

2023 CLASS SCHEDULE

At the Family Birthing Center at McLaren Macomb, we understand that a positive delivery and breastfeeding experience starts with being prepared. We offer in-person birthing classes and breastfeeding classes to help your family prepare for birth.

Getting Ready for Birth Saturday classes*

January 21
March 4
April 15
June 3
July 22
September 9
October 21
December 9

Introduction to Breastfeeding Monday classes*

February 27
April 17
June 26
September 11
October 23
December 11

* Class dates are subject to changes.

For further information, email ruth.daly@mcclaren.org or call (586) 493-8298.



For upcoming class information and to register, search **McLaren Macomb Breastfeeding** at [eventbrite.com](https://www.eventbrite.com).



DOING WHAT'S BEST.