### GET SCREENED FOR LUNG CANCER

Lung cancer screenings require a written order from your primary care provider. Schedule an appointment with your physician today to discuss lung cancer screenings further. For more information, visit karmanos.org/lansinglungscreening or call (517) 975-3056.

Once you have received a screening order from your primary care provider, you can schedule your lung cancer screening appointment at the following location:

McLaren Greater Lansing Imaging Center 2900 Collins Road Lansing, MI 48910 (517) 975-2695

## KARMANOS CANCER INSTITUTE AT McLAREN GREATER LANSING

3520 Forest Road, Lansing, MI 48910 (517) 975-9500





YOUR BEST CHANCE.
KARMANOS.ORG/LANSINGLUNGSCREENING



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#### **LUNG CANCER FACTS**

Lung cancer is the second most common type of cancer and the leading cause of cancer death in the U.S. Lung cancer is also one of the most preventable cancers. Cancer often develops in the lungs from breathing in toxic chemicals. The number one cause of inhaling toxic chemicals is smoking. Annual lung cancer screenings are a way to reduce the risk of dying from lung cancer.

### **LUNG CANCER PREVENTION**

For smokers, the best way to prevent the disease is to quit. It is not too late to decrease your chances of developing lung cancer. For resources and help to quit smoking, visit karmanos.org/quitsmoking.

## SHOULD YOU BE SCREENED FOR LUNG CANCER?

If you are at an increased risk of lung cancer, you should be screened. Consider having a conversation with your primary care provider if you are:

- 50-77 years old
- Asymptomatic (no symptoms that are suspicious for lung cancer, such as having a cough that does not go away, hoarseness of voice, coughing up blood, or unexplained weight loss)
- A current or former smoker with at least a 20 pack-year smoking history (one pack a day for 20 years or two packs a day for 10 years)
- A current smoker or those who have quit within the last 15 years

Patients who receive lung cancer screenings are encouraged to have a screening annually. Lung cancer screenings are done through a CT scan. You can speak to someone about scheduling your annual lung cancer screening at McLaren Greater Lansing by calling (517) 975-3056.

# SIGNS AND SYMPTOMS OF LUNG CANCER

The symptoms of lung cancer usually take time to develop, so early signs of the disease can be difficult to detect without a screening. The earlier lung cancer is found, the greater the chance of survival. See your health care provider if you have:

- · A cough that does not go away
- A cough that causes you to bring up blood
- Shortness of breath, wheezing or hoarseness
- Chest pain
- · Swelling of the face and neck
- · Arm pain or weakness
- · Loss of appetite or weight loss

