



# CHRONIC CARE MANAGEMENT



## LISA STARR, RN

### EDUCATION

Associate Degree in Nursing  
Kellogg Community College

*Lisa has worked in healthcare more than 40 years. She has experience in emergency care, skilled nursing rehabilitation, long-term care, floor nursing and nursing management. Lisa has been with McLaren's care management team since 2018.*

Managing your health can be challenging. The Chronic Care Management program can help you live a healthier life and keep you doing the things you love. As a participant you can expect:

- Personalized care from a dedicated chronic care manager.
- Assistance coordinating your visits with providers, labs, radiology, or others.
- Help booking appointments with your provider for urgent matters.
- Oversight of medications.
- A personalized plan of care that aligns with your goals and values.

### ELIGIBILITY

If you have Medicare and two or more chronic health conditions, some examples of which are listed below, you may benefit from the Chronic Care Management program.

- Alzheimer's
- Arthritis
- Atrial fibrillation
- Autism spectrum disorders
- Cancer
- Cardiovascular disease
- COPD
- Depression
- Diabetes
- Hypertension or high blood pressure

### WHAT IS THE COST?

Depending on insurance coverage, there may be a minimal copay or no out of pocket cost to receive chronic care management. Patients can call their insurance to determine coverage.

As a chronic care management coordinator, Lisa will be your point of contact regarding any new or worsening symptoms related to your illness. While your primary care provider (PCP) will continue to oversee your care, Lisa will check in more frequently on your health and communicate any changes to your PCP and the Chronic Care Management team.

For more information call (517) 975-2042.