

"I was told I needed a TB skin test, so I went to the health clinic. It was quick and it didn't hurt. In two days, I went back to the clinic so the nurse could see the results. It is important to go back in two or three days to get your results or you will have to go back again."

## WHAT YOU NEED TO KNOW ABOUT THE TB SKIN TEST

## A TB skin test will tell you if you have ever had TB germs in your body.

- A harmless fluid is placed under your skin on the inside of your arm. A very small needle is used, so you will only feel a light pinch.
- Make sure you don't put a bandage or lotion on the test spot. Also-don't scratch the spot. If the area itches, put an ice cube or cold cloth on it. It is okay for the test spot to get wet, but do not wipe or scrub the area.
- Return to the clinic or doctor's office in two to three days so your healthcare provider can look at the test spot on your arm. He or she will look at the test spot and measure any bump that appears there. Your healthcare provider will let you know if your test is negative or positive.

If the test is positive:

- You have TB germs in your body.
- You may need to have further testing to show if you have TB disease or TB infection.
- TB can be cured if you follow the medicine plan created by your doctor.

## Remember: If you do not get your test read in two to three days you will need to get the test again.

| Information about TB sourced from the Centers for Disease Control and Prevention |
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| For more information visit www.cdc.gov/tb/publications/guidelines.               |

| RETURN DATES/TIMES:               |
|-----------------------------------|
| Shared location:                  |
| 1523 S. Mission St., Mt. Pleasant |
| McLaren Occupational Health OR    |

ReadyCare

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## THERE IS NO CHARGE TO HAVE YOUR RESULTS READ AT EITHER CLINIC

It is recommended you return to these clinics to have your test read; other clinics may charge or refuse to read results. Bring this sheet and your yellow TB form with you when you return.