



Which of these people is most likely to have a stroke?

2015 Heart Health & Stroke Screenings

February 17 ▪ April 16 ▪ June 18 ▪ August 18 ▪ October 22 ▪ December 8

Stroke doesn't discriminate; it affects people of all ages, ethnicities and backgrounds. Fortunately, most strokes are preventable, and you can take steps now to reduce your risk. Begin by understanding the risk factors and find out how you stack up. See the easy-to-remember symptom list to the right.

8 a.m. - Noon

Center for Rehabilitation, McLaren Bay Region, West Campus
3190 E. Midland Road

\$10—Payable at the screening

Preregistration required. Call toll-free 1 (877) 411-2762 any time.

Screening includes:

- Diabetes screening
- Blood pressure and pulse
- Full lipid profile, including total cholesterol, HDL, LDL and triglyceries
- Risk-reduction plan
- Results counseling

You will leave the screening with your results and a plan of action! A 12-hour fast is required for accurate results. Even though this is a fasting blood test, please take any morning medication as usual with a sip of water.

Recognize Stroke Symptoms in Others —FAST!

FACE

Check the person's smile. Does one side of the face droop?

ARMS

Ask the person to raise both arms. Does one arm drift downward?

SPEECH

Ask the person to repeat a simple sentence. Are the words slurred?

TIME

If you notice any of these symptoms, call 911 immediately. Brain cells are dying.

*Joint Commission Primary Stroke Center
and a Neuroscience Center of Excellence*



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