



# CARE MANAGEMENT

Managing your health can be challenging. The Care Management programs that McLaren offers can help you live a healthier life and keep you doing the things you love. As a participant you can expect:

- Personalized care from a dedicated care manager
- Assistance coordinating your visits with providers, labs, radiology, or others
- Help booking appointments with your provider for urgent matters
- Oversight of medications
- A personalized plan of care that aligns with your goals and values

## ELIGIBILITY

If you have Medicare and one or more chronic health conditions, some examples of which are listed below, you may benefit from the one of our Care Management programs.

The Principal Care Management works in tandem with your specialist and focuses on a single high-risk chronic condition. The Chronic Care Management program works with your primary care provider and works on managing two or more chronic conditions.

- Alzheimer's
- Arthritis
- Atrial fibrillation
- Autism spectrum disorders
- Cancer
- Cardiovascular disease
- Chronic obstructive pulmonary disease (COPD)
- Congestive Heart Failure (CHF)
- Depression
- Diabetes
- Hypertension or high blood pressure

## WHAT IS THE COST?

As with other Medicare services, you will be responsible for a 20% coinsurance payment monthly, unless you have a supplemental plan that covers this amount. If you have a commercial plan, check with your plan to determine what will be covered and any cost you will be responsible for.

## HOW DO I JOIN?

Ask your provider to find out if you qualify. The office will complete participant registration.

# OUR CARE MANAGEMENT TEAM



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