



NORTHERN MICHIGAN

**BEHAVIORAL HEALTH
RECREATION THERAPY ASSESSMENT**

Job: _____

Support System: _____

Reason for Admission: _____

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|---------|---------------|------------|---------------|--------------|
| Cards | Board Games | Puzzles | Word Searches | Word Puzzles |
| Cooking | Drawing | Painting | Coloring | Gardening |
| Music | Movies | YouTube | Social Media | Instrument |
| Sing | Reading | Journaling | Writing | Outdoors |
| Walking | Fishing | Swimming | Boating | Camping |
| Biking | Fitness Group | Gold | Swimming | Tennis |
| Yoga | Go Eat | Pets | Video Games | |

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