

## McLaren Northern Michigan

### Twice as Cuff Key Lock Restraints Criterion Checklist

Employee Name: \_\_\_\_\_

Critical Elements	MET
<b>TO ATTACH CONNECTING STRAPS</b>	
1) Explain procedure to patient/guardian or family.	
2) RN directs staff to gather enough staff to ensure patient safety.	
3) Obtain correct equipment: <b>two blue cuffs-wrist</b> and <b>two red cuffs-ankles</b> .	
4) Position the patient on the bed or stretcher. Make sure the bed is in low position.	
5) Loop the connecting straps around the secure part of the bedframe.	
6) Pull the strap through the buckles and adjust it to the desired length.	
7) Close the buckle making sure the buckle snaps shut and will not open without the key.	
<b>TO APPLY THE CUFF</b>	
1) Position the proper cuff underneath the limb with the connecting straps extending away from the patient.	
2) Wrap the inner neoprene liner against the skin around the patient's limb. Overlap the liner material by 1-inch minimum.	
3) Wrap Velcro outer lining around the neoprene part of the cuff.	
4) Ensure proper adjustment A.E.B. one finger width fitting between the cuff and the patient's skin.	
5) Pass short end of the strap over the top of the cuff through the key lock. Pull strap through the buckle to desired length.	
6) Demonstrate the correct key to lock and unlock restraints and properly demonstrate how to lock and unlock restraints. Staff follows the correct policy and procedure for restraining a patient.	

Participant's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Instructor Name: \_\_\_\_\_ Date: \_\_\_\_\_