

ONCOLOGY REHAB PROGRAM

at McLaren Port Huron

What is the Oncology Rehab Program?

McLaren Port Huron's Oncology Rehab Program specializes in treating the adverse effects caused by cancer and cancer treatment, and works with persons living with and beyond cancer to guide their exercise program before, during, and after treatment. These adverse effects may include generalized weakness, balance impairments, chemotherapy-induced peripheral neuropathy (numbness in the hands and/or feet), pain, difficulty walking, lymphedema (swelling in a limb), or a number of other impairments that could occur during or postcancer treatments. Our oncology rehabilitation professionals work with you through exercise and manual therapy to improve your overall quality of life.

What can I expect?

The goal of the Oncology Rehab Program is to provide you with the most comprehensive rehab care in the shortest amount of time necessary to achieve the desired outcome.

Your first appointment will last about an hour and includes a variety of tests and measurements to determine what impairments you have. You'll be provided with education about your condition, why it occurs, and what we can do to make it better.

Your follow-up therapy appointments will also last about an hour. Treatment, therapy duration, and frequency will vary depending on the type of impairment and severity of your condition.



DOING WHAT'S BEST.*

How do I get started?

To see one of our rehabilitation professionals you'll need a prescription for physical therapy from a physician. The prescription can come from any of your doctors, such as your primary care doctor, medical oncologist, radiation oncologist, etc. The prescription can be faxed directly to our clinic, and we will call to set up your evaluation appointment, or you can bring the prescription in personally and schedule your appointment.

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McLaren Port Huron Outpatient Rehab

3504 Pine Grove Ave. Port Huron, MI 48060 Phone: (810) 385-5531 Fax: (810) 385-5561

McLaren Port Huron Outpatient Rehab is located behind Arby's and in the same plaza as Cutting Edge gym.

McLaren Port Huron Physical Therapy – Marysville

3350 Gratiot Blvd, Suite E Marysville, MI 48040 Phone: (810) 364-1230 Fax: (810) 364-0483

mclaren.org/phpt



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