



BAY REGION

Spravato Program Treatment Checklist

Please initial upon completion:

- Complete PHQ9 and GAD7, report any increase to provider.
Notify provider if patient ate food within the last 2 hours or ingested fluids within the last 30 minutes prior to first dose of medication.
Vital signs prior to admission, 40 min after 1st dose, and 2 hours after 1st dose
Hold medication and notify provider if B/P is over 140/90 or below 100/60.
Monitor sedation level prior to administration, 40 min after 1st dose, and 2 hours after 1st dose.
Monitor for dissociation: disconnected from self, thoughts, and things around patient prior to administration, 40 min after 1st dose, and 2 hours after 1st dose.
Observe patient for 2 hours after each treatment.

Provide education:

- Patients should not drive, use heavy machinery, or make financial decisions, or perform any activities that require full alertness until the next day, following a restful sleep.
Provide brief review of common side effects that patients may experience after medication administration. If common side effects occur, they usually happen right after taking Spravato and go away the same day. If prolonged or severe, the patient should discontinue use.
Review how to properly administer medication with patient.
Fall prevention (ask for staff assistance, call button in bathroom)
Patient verbalizes understanding Patient needs further teaching

Discharge criteria:

- Resolution of sedation and disassociation if applicable.
Patients able to ambulate adlib and or as prior to medication administration.
Vital signs back to patient baseline.
No signs and symptoms of suicidal behavior.
Patients must make arrangements to safely get home.

Signature: _____ Initials: _____ Title: _____

Date: _____ Time: _____

Signature: _____ Initials: _____ Title: _____

Date: _____ Time: _____



PT.
MR.#/PM.
DR.