

PORT HURON 1221 Pine Grove Avenue Port Huron, MI 48060

<u>DISCHARGE INSTRUCTIONS</u>						
You were treated by Dr	r.:					
	LLOW THE INSTRUCTION	S INDICATED BELOW.				
	WOUND CARE			UPPER RESPIRA	ATORY INFECTION	
<ul> <li>Keep wound clean and dry. You may remove your dressing in 24 hours (or sooner if it becomes we or soiled).</li> <li>Wash wound with warm, sudsy water, unless otherwise instructed.</li> <li>Apply antibiotic oitment as instructed.</li> <li>If you had a laceration, repair, return in days for suture or staple removal.</li> <li>Contact your physician or return to the emergency center if you experience any of the following: Increased pain, Increased swelling, Increased redness, or foul-smelling/ foul-colored drainage.</li> <li>HEAD INJURIES</li> <li>You should not be alone for the next 24 hours. A responsible person should be with you to watch for the following:         <ul> <li>uncontrollable vomiting</li> <li>difficulty awakening</li> <li>severe/persistent headache</li> <li>unusual drowsiness</li> <li>visual changes</li> </ul> </li> </ul>			<ul> <li>Take/encourage plenty of fluids while awake.</li> <li>Rest as much as possible.</li> <li>Take/give prescribed medications as directed.</li> <li>Cool steam vaporizer may be used to moisten the air.</li> </ul> VOMITING AND DIARRHEA <ul> <li>Rest the stomach. NOTHING by mouth for 4 hours (1–2 hours for children).</li> <li>Begin with small frequent feedings of CLEAR liquids. If patient has done well on liquids for 12–24 hours, then advance diet to solid foods.</li> <li>Avoid dairy products, orange juice, and solid foods for 1–2 days.</li> <li>A clear liquid diet consists of the following: weak tea, Kool-Aid, ice chips (not for babies), ginger ale or 7-Up, popsicle, diluted coke, jello, sugar water, and broth. PLEASE NOTE: If vomiting or diarrhea persists, contact your doctor or return to the emergency center.</li> </ul>			
						, well off
						Return to the emergency center if you experience
Take medications as directed, and take all medication prescribed, unless your physician instructs you otherwise.     Know the names of all your medications, and do not take medications you are allergic to.     Many medications may cause drowsiness or incoordination, so do not drink alcohol, drive, or operate machinery while taking such medications.     You were given the following medications while in the Emergency Center:			<ul> <li>Elevate the injured limb above the level of the heart.</li> <li>Apply ice to area for the first 24 hours. Warm moist heat may be applied after the first 24 hours.</li> <li>Rest area as much as possible.</li> <li>If an ace bandage is used, remove and rewrap as instructed, 2–3 times daily. Remove before going to bed.</li> <li>If splint is used, maintain splint until re-evaulated by physician.</li> <li>Watch for change in color or the affected extremity, extreme pain, swelling, or loss of sensation. If any of the above occur, loosen the ace wrap. If any of the above continue, contact your physician or return to the emergency center.</li> </ul>			
	X-RAYS		Continue, con	ntact your priysician or retur	The the emergency center.	
<ul> <li>If you had x-rays taken, they were initially read by the emergency center physician and the reading will be verified by a Radiologist within 24 hours.</li> <li>If there is any change in your treatment plan based on the Radiologist's findings, you will be contacted and advised of the findings.</li> <li>You had the following x-rays taken while in the Emergency Center:</li> </ul>			<ul> <li>FEVER</li> <li>Take/encourage extra fluids.</li> <li>Rest as much as possible/dress lightly.</li> <li>Take/give Tylenol and/or Motrin as directed for fever.</li> <li>If unable to control fever, take luke warm bath or sponge bath for 20 minutes and air dry.</li> <li>If fever continues, contact your physician or return to the Emergency Center.</li> </ul>			
• Should you need to take the x-rays to your physician for follow-up care, please call (810) 989-3169, a minimum of 3 hours prior to pick-up.						
ADDITIONAL INSTRUCTIONS			<ul> <li>You have been treated on an emergency basis only, and therefore FOLLOW-UP care is important in ensuring optimal heatth.</li> <li>Contact your physician or return to the Emergency Center if you symptoms increase</li> </ul>			
Medication:	Dose:	Frequency:	in severity.	ended that you follow up in		illo illorease
Medication:	Dose:	Frequency:	Dr		Phone #:	
Medication:	Dose:	Frequency:	If you a	is the number one prevere a tobacco user, stop sr	TOBACCO  ntable cause of death and dismoking. Talk with your doctor 800-LUNG-USA / www.lungu	r or call
If you have any questic	ons regarding your discharg	e instructions please call	follow-up care	e as instructed.	read/explained to me. I will a	arrange for
(810) 989-3300			Patient Signatu	ire	Phone #:	

Date

Distribution: Original to MEDICAL RECORDS Copy 2 to PATIENT

Witness



PORT HURON 1221 Pine Grove Avenue Port Huron, MI 48060

1221 Fille Glove Aveilde				
Port Huron, MI 48060				
DISCHARGE INSTRUCTIONS				
You were treated by Dr.:	·			
Your Diagnosis is:				
FOLLOW THE INSTRUCTIONS INDICATED BELOW.				
WOUND CARE	UPPER RESPIRATORY INFECTION			
<ul> <li>Keep wound clean and dry. You may remove your dressing in 24 hours, (or sooner if it becomes wet or soiled).</li> </ul>	Take/encourage plenty of fluids while awake.     Rest a much as possible.			
<ul> <li>Wash wound with warm, sudsy water, unless otherwise instructed.</li> </ul>	Take/give prescribed medications as directed.			
Apply antibiotic ointment as instructed.	Cool steam vaporizer may be used to moisten the air.			
If you had a laceration repair, return in days for suture or staple removal.	Processing the state of the sta			
Contact your physician or return to the emergency center if you experience any of the	VOMITING AND DIARRHEA			
following: increased pain, increased swelling, increased redness, or foul-smelling/ foul-colored drabage.	Rest the stomach. NOTHING by mouth for 4 hours. (1-2 hours for children.)			
HEAD INJURIES	Begin with small frequent feedings of CLEAR liquids. If patient has done well on liquids for 12-24 hours, then advance diet to solid foods.			
You should not be alone for the next 24 hours. A responsible person should be with you	Avoid dairy products, orange juice, and solid foods for 1-2 days.			
to watch for the following:	A clear liquid diet consists of the following: weak tea, Kool-Aid, ice chips (not for			
- uncontrollable vomiting - difficulty awakening - severe/persistant headache - confusion/restlessness - unusual drowsiness - visual changes	babies), gingerale or 7-up, popsicle, diluted coke, jello, sugar water, and broth.  PLEASE NOTE: If vomiting or diarrhea persists, contact your doctor or return to the emergency center.			
Return to the emergency center if you experience any of the above symptoms.	SPRAIN/STRAIN/FRACTURE			
MEDICATIONS.	Elevate the injured limb above the level of the heart.			
<ul> <li>Take medication as directed, and take all medication prescribed, unless your physician instructs you otherwise.</li> </ul>	<ul> <li>Apply ice to area for the first 24 hours. Warm moist heat may be applied after the first 24 hours.</li> </ul>			
<ul> <li>Know the names of all your medications, and do not take medications you are allergic to.</li> </ul>	Rest area as much as possible.			
<ul> <li>Many medications may cause drowsiness or incoordination, so do not drink alcohol, drive, or operate machinery while taking such medications.</li> </ul>	If an ace bandage is used, remove and rewrap as instructed, 2-3 times daily. Remove before going to bed.			
<ul> <li>You were given the following medications while in the Emergency Center:</li> </ul>	If splint is used, maintain splint until re-evaluated by physician.			
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You had the following x-rays taken while in the Emergency Center:	1			
	Take/give Tylenol and/or Motrin as directed for fever.     If unable to control fever, take luke warm bath or sponge bath for 20 minutes and air dry.			
<ul> <li>Should you need to take the x-rays to your physician for follow-up care, please call (810) 989-3169, a minimum of 3 hours prior to pick-up.</li> </ul>	If fever continues, contact your physician or return to the Emergency Center.			
ADDITIONAL INSTRUCTIONS	You have been treated on an emergency basis only, and therefore FOLLOW-UP care important in ensuring optimal health.			
Medication: dose: frequency:	Contact your physician or return to the Emergency Center if your symptoms increase in severity.			
Medication: dose: frequency:	this recommended that you follow up in days with:			
/	Dr Phone #:			
Medication: dose: frequency:				
	USE OF TOBACCO			
	Tobacco use is the number one preventable cause of death and disease in MI.  you are a tobacco user, stop smoking. Talk with your doctor or call American  Lung Association at 1-800-LUNG-USA / www.lungusa.org			
	I understand the above instructions as read/explained to me. I will arrange for tollow-up care as instructed			

Patient Signature

Date

Witness

Original to MEDICAL RECORDS Copy 2 to PATIENT

Phone #

Distribution:

li you have any questions regarding your discharge instructions please call (810) 989-3300.