

**McLaren Print System Order**

**Order No: 81286 Reprint Previous Order No: 80768**  
**Order Date: 2023-11-28**  
**User: Sarah James**  
**Phone: 810-989-3155**

**Ship Location: McLaren Port Huron / EC- Attn: Sarah James**  
**1221 Pine Grove Ave**  
**Port Huron, Mich 48060**

**Forms**

**Quantity: 100**  
**Paragon Dept No: 21620**  
**Dept Name: Emergency Center**  
**Company Number: 480**

**Order Total Price: 14.06**

**Item Number: MPH-53**  
**Item Description: Discharge Instructions**  
**Revision Date: 10/2023**  
**Print: 2 sided black and white**  
**Paper: 2 Part (White, Yellow)**  
**Size: 8.5 x 11**  
**Fold: None**  
**Finish: None**  
**Drill: None**  
**Misc Info: 8.5x11 DS Black 2-Part**



POST HURON  
1221 Pine Grove Avenue  
Port Huron, MI 48060

**DISCHARGE INSTRUCTIONS**

You were treated by Dr. \_\_\_\_\_  
Your Diagnosis is \_\_\_\_\_  
**FOLLOW THE INSTRUCTIONS INDICATED BELOW.**



**WOUND CARE**

- Keep wound clean and dry. Do not remove your dressing in 24 hours, or when it becomes wet or soiled.
- Wash wound with water, using water cleaner (pressure not needed).
- Apply antibiotic ointment as instructed.
- If you feel a burning/stinging, wash it \_\_\_\_\_ time for return or simple removal.
- Contact your physician or return to the emergency center if you experience any of the following: increased pain, increased swelling, increased redness, or foul smelling/discolored drainage.

**HEAD INJURIES**

- You should not be alone for the next 24 hours. A responsible person should be with you to watch for the following:
  - vomiting
  - difficulty speaking
  - confusion/drowsiness
  - unequal pupils
  - unequal arm strength
  - unequal leg strength
- Notify the emergency center if you experience any of the above symptoms.

**MEICATIONS**

- Use medication as directed, and take all medication prescribed, unless your physician instructs you otherwise.
- Know the names of all your medications, and do not take medications you are allergic to.
- Many medications may cause drowsiness or dizziness, so do not drive, operate a vehicle, or operate machinery while taking such medications.
- The most pain relievers for following medications while in the Emergency Center:

**ALWAYS**

- If you feel a severe pain, have severe difficulty breathing, or experience other symptoms that the following will be relieved by a healthcare worker (HCA).
- If there is any change in your condition (observed or by the healthcare worker's findings, you will be monitored and advised of the findings).
- The best for following a major issue while in the Emergency Center:

**ADDITIONAL INSTRUCTIONS**

Medication: \_\_\_\_\_ Date: \_\_\_\_\_ Frequency: \_\_\_\_\_

Medication: \_\_\_\_\_ Date: \_\_\_\_\_ Frequency: \_\_\_\_\_

Medication: \_\_\_\_\_ Date: \_\_\_\_\_ Frequency: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

If you have any questions regarding your discharge instructions please call (810) 989-3155.

**UPPER RESPIRATORY INFECTION**

- Use over-the-counter pain relievers.
- Rest a much as possible.
- Increase your fluid intake as directed.
- Your doctor's medication may be used to reduce the risk.

**VOMITING AND DIARRHEA**

- Rest the stomach. NOTHING by mouth for 1 hour. (2 hours for children)
- Begin with small frequent sips of 2-4oz fluids. If patient has done well and is liquid for 12-24 hours, then increase fluid to water levels.
- Avoid dairy products, orange juice, and artificial sweeteners for 1-2 days.
- A clear liquid diet consists of the following: weak tea, clear Kool-Aid, ice chips (not for infants), ginger ale (7-up, Sprite, Fanta), clear broth, sugar water, and broth.
- **FLUORIDE TOOTH PASTE:** If vomiting or diarrhea persists, contact your doctor or return to the emergency center.

**SPRAINS/STRAIN/FRACTURE**

- Apply the injury dressing as directed (if not done).
- Apply ice to area for the first 24 hours. Warm moist heat may be applied after the first 24 hours.
- Rest unless you need to go to work.
- If you are having trouble moving and swelling is increased, 7-10 days only. Return before going to bed.
- If fluid is used, make sure you are instructed by physician.
- Watch for changes in color of the affected extremity, extreme pain, swelling, or loss of sensation. If any of the above occur, contact the ER unit. If any of the above occur, contact your physician or return to the emergency center.

**FEVER**

- Take over-the-counter pain relievers.
- Rest or reduce your physical activity.
- Increase fluid intake as directed by your doctor.
- If you are having trouble moving and swelling is increased, 7-10 days only. Return before going to bed.
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**IF YOU HAVE BEEN TREATED AS AN EMERGENCY CASE ONLY, AND RECEIVE FOLLOW-UP CARE IS REQUIRED TO MONITOR YOUR HEALTH.**

- Contact your physician or return to the Emergency Center if your symptoms increase in severity.
- It is recommended that you follow up to \_\_\_\_\_ days with \_\_\_\_\_.
- It is recommended that you follow up to \_\_\_\_\_ days with \_\_\_\_\_.

**USE OF TORADO**

When you use the Torado you are responsible for the use of the device in the ER. You are responsible for the use of the device in the ER. You are responsible for the use of the device in the ER.

\_\_\_\_\_

\_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_



\*DUPLICATE\* Price: \$14.06

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