

McLaren FLINT
PULMONARY REHABILITATION
 Phone: (810) 342-5370 Fax: (810) 733-6965
Oxygen Titration Study / 6 minute walk

DATE: _____

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DESATURATION STUDY					
TIME	DISTANCE /FT SPEED / ELEVA	O2 SAT	HR	SOB	FIO2 L/MIN
RESTING					
1 MIN					
2 MIN					
3 MIN					
4 MIN					
5 MIN					
6 MIN					
7 RECV					
8 RECV					
9 RECV					
10 RECV					
Distance Walked:					
Reason for Stopping Test:					

OXYGEN TITRATION					
TIME	DISTANCE /FT SPEED / ELEVA	O2 SAT	HR	SOB	FIO2 L/MIN
RESTING					
1 MIN					
2 MIN					
3 MIN					
4 MIN					
5 MIN					
6 MIN					
7 RECV					
8 RECV					
9 RECV					
10 RECV					
Distance Walked:					
Reason for Stopping Test:					

	BEFORE	AFTER
*RPD		
*RPE		

	BEFORE	AFTER
*RPD		
*RPE		

*RPD -Rate Perceived Dyspnea *RPE -Rate Perceived Exertion

Length of Hallway: 190 FT

DYSPNEA / EXERTION SCALE		
0--Nothing At All	2--Slight	4--Somewhat Severe
1--Very Slight	3--Moderate	5--Severe

Comments For Desaturation Study:

Comments For Oxygen Titration:

Respiratory Therapist Signature

