



# COPD

## NOVEMBER IS COPD MONTH

McLaren Health Management Group is **DOING WHAT'S BEST®** to prevent your patients' readmission to an acute care setting within 30 days of discharge. November is COPD month and we want to share with you how our continuum can help you manage your COPD patients at home.

### Homecare:

- Education related to COPD diagnosis including COPD zones
- Registered nurse for telehealth monitoring
- Medication and diet education
- Physical therapy and occupational therapy for energy conservation, strengthening and endurance
- Help identifying additional services (such as palliative care) for symptom management

### Palliative Care:

- Nurse practitioners provide collaborative symptom management with the patient's PCP and specialty physicians
- Social workers for additional resources and goals of care collaboration with the nurse practitioner and PCP

### Hospice:

- Quality care for those facing life-limiting diagnosis
- A multidisciplinary team of professionals care for patients' and their families' psychological, emotional and spiritual needs
- Things to consider:
  - o Disabling dyspnea at rest
  - o Unresponsive to bronchodilators
  - o Ejection fraction  $\leq 20\%$
  - o Frequent admissions to acute care hospitals
  - o Decreased functional capacity
  - o Oxygen saturation  $\leq 88\%$

**To make a referral to McLaren Health Management Group  
or for more information, call (866) 323-5974.**