

HALDOL (Haloperidol)

Antipsychotic

WHAT DOES IT TREAT?

Schizophrenia and other psychosis, agitation - calms, clarifies your thoughts, reduces or eliminates hallucinations (hearing or see things that aren't there)

MOST COMMON SIDE EFFECTS:

(Discuss with your doctor if these worsen or persist)

Drowsiness, dizziness, dry mouth, dry eyes, blurred vision, upset stomach, loss of appetite, constipation, restlessness, trouble sleeping, problems related to sex

MORE SERIOUS SIDE EFFECTS TO REPORT IMMEDIATELY TO YOUR DOCTOR:

✧ loss of balance, restlessness, trouble swallowing, weakness

- ✧ muscle spasms, twitching, rigidity, or tremors
- ✧ uncontrolled movements of the face, tongue, mouth, or neck
- ✧ fever, fast or uneven heartbeat, trouble breathing, severe sweating, problems with urination, seizures
- ✧ unusual bruising or bleeding; yellowing of the eyes or skin; cough, sore throat, chills, body aches

TRILAFON (Perphenazine) Antipsychotic

WHAT DOES IT TREAT?

Psychoses – clarifies your thoughts, reduces or eliminates hallucinations (hearing or seeing things that aren't there); also may be used for severe nausea and vomiting

MOST COMMON SIDE EFFECTS:

(Discuss with your doctor if these worsen or persist)

Drowsiness, dizziness, dry mouth, constipation, blurred vision, loss of appetite, weight gain, problems related to sex, headache

MORE SERIOUS SIDE EFFECTS TO REPORT IMMEDIATELY TO YOUR DOCTOR:

✧ loss of balance, restlessness, trouble

swallowing, muscle stiffness, weakness, spasms/ twitching, or tremors

- ✧ uncontrolled movements of the face, mouth, or neck
- ✧ fever, fast or uneven heartbeat, severe muscle rigidity, trouble breathing, severe sweating, problems with urination, seizures
- ✧ yellowing of the skin or eyes; unusual bruising or bleeding; cough, chills, sore throat, muscle aches

ATIVAN (Lorazepam)

Antianxiety

WHAT DOES IT TREATS?

Anxiety and seizures

MOST COMMON SIDE EFFECTS:

(Discuss with your doctor if these worsen or persist)

Dizziness, drowsiness, unsteadiness, headache, blurred vision, changes in appetite, constipation, upset stomach, nasal congestion, problems related to sex

MORE SERIOUS SIDE EFFECTS TO REPORT IMMEDIATELY TO YOUR DOCTOR:

- ✧ Unusual or sudden mental, mood, or behavior changes (e.g. hallucinations, depression, suicidal thoughts)*
- ✧ slurred speech, difficulty talking or walking

- ✧ trouble breathing
- ✧ fever, chills, cough, sore throat, body aches

**Benzodiazepine: High risk of dependence and could lead to abuse and addiction*

LITHIUM (Eskalith or Carbonate) Mood Stabilizer

WHAT DOES IT TREAT?

Unstable mood, bipolar mania

MOST COMMON SIDE EFFECTS:

(Discuss with your doctor if these worsen or persist)

Headache, dizziness, drowsiness, upset stomach, mild thirst

MORE SERIOUS SIDE EFFECTS TO REPORT IMMEDIATELY TO YOUR DOCTOR *before taking the next dose:*

- ❖ vomiting, diarrhea, slurred speech, loss of coordination, drowsiness, unusual tiredness or muscle weakness, twitching, or severe trembling
- ❖ confusion, vision changes, heartbeat changes, trouble breathing, changes in urination, joint pain, fainting, seizures

**You will have blood drawn periodically to check the level of the medication in your blood for effective dosing and to prevent toxicity*

KLONOPIN (Clonazepam)

Antianxiety/Antiseizure

WHAT DOES IT TREAT?

Anxiety and seizure disorder

MOST COMMON SIDE EFFECTS:

(Discuss with your doctor if these worsen or persist)

Drowsiness, "hangover", headache, blurred vision, upset stomach, vomiting, diarrhea, dry mouth or drooling, trouble concentrating

MORE SERIOUS SIDE EFFECTS TO REPORT IMMEDIATELY TO YOUR DOCTOR:

- ✧ Unusual or sudden mental, mood, or behavior changes (e.g. confusion, agitation, depression, suicidal thoughts)*
- ✧ severe drowsiness or weakness, slurred speech, tremors

- ✧ fever, chills, sore throat, body aches
- ✧ worsening of seizures

**Benzodiazepine: High risk of dependence and could lead to abuse and addiction*

ZOLOFT (Sertraline) Antidepressant

WHAT DOES IT TREAT?

Depression, OCD, social anxiety disorder

MOST COMMON SIDE EFFECTS:

(Discuss with your doctor if these worsen or persist)

Dizziness, drowsiness, trouble sleeping, nervousness, dry mouth, upset stomach, vomiting, diarrhea, constipation, decreased interest in sex, weight loss

MORE SERIOUS SIDE EFFECTS TO REPORT IMMEDIATELY TO YOUR DOCTOR:

✧ Unusual or sudden mental, mood, or behavior changes (e.g. increased depression, suicidal thoughts, confusion, anger, anxiety)

- ✧ severe weakness, muscle stiffness, twitching, tremors, severe unsteadiness
- ✧ blistering, peeling, or red skin rash; unusual bruising or bleeding
- ✧ chest pain, fast or pounding heartbeat; persistent headache
- ✧ painful, prolonged erection of the penis

TEGRETOL (Carbamazepine) Mood Stabilizer/Antiseizure

WHAT DOES IT TREAT?

Unstable mood and seizures

- ⌘ unusual bleeding or bruising; severe lightheadedness or fainting

MOST COMMON SIDE EFFECTS:

(Discuss with your doctor if these worsen or persist):

Dizziness, drowsiness, diarrhea, constipation, upset stomach, anxiety, vision changes, mild skin rash or itching, headache, back pain

MORE SERIOUS SIDE EFFECTS TO REPORT IMMEDIATELY TO YOUR DOCTOR:

- ⌘ blistering, peeling, or red skin rash
- ⌘ chest pain, fast, slow, or pounding heartbeat; trouble breathing
- ⌘ problems with walking or talking



EFFEXOR (Venlafaxine)

Antidepressant/Antianxiety

WHAT DOES IT TREAT?

Depression and anxiety

MOST COMMON SIDE EFFECTS:

(Discuss with your doctor if these worsen or persist)

Drowsiness, dizziness, anxiety, headache, trouble sleeping, unusual dreams, upset stomach, vomiting, loss of appetite, blurred vision, constipation, dry mouth, problems related to sex, warmth or redness in face or upper body

MORE SERIOUS SIDE EFFECTS TO REPORT IMMEDIATELY TO YOUR DOCTOR:

⌘ Unusual or sudden mental, mood, or behavior changes (e.g. increased depression, suicidal thoughts, agitation)

- ⌘ severe lightheadedness or fainting
- ⌘ severe weakness; muscle stiffness, spasms, twitching, tremors, seizures
- ⌘ fever, chills, cough, sore throat, body aches; unusual bleeding or bruising

TRILEPTAL (Oxcarbazepine) Antiseizure/Mood Stabilizer

WHAT DOES IT TREAT?

Unstable mood and seizures

MOST COMMON SIDE EFFECTS:

(Discuss with your doctor if these worsen or persist)

Dizziness, drowsiness, headache, joint pain, upset stomach, vomiting, stomach pain, trouble sleeping, acne, mild skin rash

MORE SERIOUS SIDE EFFECTS TO REPORT IMMEDIATELY TO YOUR DOCTOR:

- ✧ Unusual or sudden mental, mood, or behavior changes (e.g. increased depression, suicidal thoughts, irritability, confusion)
- ✧ peeling, blistering, or red skin rash
- ✧ fast, slow, pounding heartbeat

- ✧ fever, cough, chills, sore throat, body aches; changes in urination, changes in vision, unusual bruising or bleeding, yellowing of the skin or eyes
- ✧ trouble walking, speaking; uncontrolled body movements, tremors, seizures



DEPAKOTE (Valproic Acid)

Antiseizure/Mood Stabilizer

WHAT DOES IT TREAT?

Unstable mood, bipolar mania, and seizure disorder

MOST COMMON SIDE EFFECTS:

(Discuss with your doctor if these worsen or persist)

Dizziness, drowsiness, diarrhea, constipation, upset stomach, headache, back pain, nervousness, trouble sleeping, increased appetite, weight changes, rash or hives with itching

MORE SERIOUS SIDE EFFECTS TO REPORT IMMEDIATELY TO YOUR DOCTOR:

- Mood changes, unusual thoughts, memory loss*
- chest pain, fast, pounding, heartbeat;

fever, severe nausea and vomiting

- severe weakness, lightheadedness or fainting; changes in vision; swelling of the face, hands, or feet; trouble breathing
- tremors or loss of seizure control
- unusual bleeding or bruising; yellowing of the skin or eyes

**You will have blood drawn periodically to check the level of the medication in your blood for effective dosing and to prevent liver toxicity*



VISTARIL (Hydroxyzine) Antianxiety/Antihistamine

WHAT DOES IT TREAT?

Anxiety and allergic reaction symptoms

MOST COMMON SIDE EFFECTS:

(Discuss with your doctor if these worsen or persist)

Drowsiness, dizziness, headache, dry mouth, constipation, vision changes

MORE SERIOUS SIDE EFFECTS TO REPORT IMMEDIATELY TO YOUR DOCTOR:

- trouble breathing
- tightness in the chest
- tremors or seizures



RESTORIL (Temazepam) Sedative

WHAT DOES IT TREAT?

Insomnia

MOST COMMON SIDE EFFECTS:

(Discuss with your doctor if these worsen or persist)

Dizziness, "hangover", nervousness, trouble concentrating, upset stomach, diarrhea, loss appetite, headache

MORE SERIOUS SIDE EFFECTS TO REPORT IMMEDIATELY TO YOUR DOCTOR:

⌘ Unusual or sudden mental, mood, or behavior changes (e.g. confusion, depression, suicidal thoughts)*

- ⌘ fast or pounding heartbeat, slurred speech, tremors, severe nausea, vomiting, or stomach pain
- ⌘ severe lightheadedness or fainting

**Benzodiazepine: High risk of dependence and could lead to abuse and addiction*

LIBRIUM (Chlordiazepoxide) Antianxiety

WHAT DOES IT TREAT?

Anxiety and alcohol withdrawal symptoms

MOST COMMON SIDE EFFECTS:

(Discuss with your doctor if these worsen or persist)

Dizziness, drowsiness, "hangover", blurred vision, dry mouth, headache, diarrhea or constipation, upset stomach, clumsiness, trouble concentrating

MORE SERIOUS SIDE EFFECTS TO REPORT IMMEDIATELY TO YOUR DOCTOR:

⌘ Unusual or sudden mental, mood, or behavior changes (e.g. confusion, depression, suicidal thoughts)*

⌘ extreme unsteadiness, slow heartbeat, trouble breathing, severe drowsiness and weakness

**Benzodiazepine: High risk of dependence and could lead to abuse and addiction*



DESYREL (Trazadone) Antidepressant

WHAT DOES IT TREAT?

Insomnia and depression

MOST COMMON SIDE EFFECTS:

(Discuss with your doctor if these worsen or persist)

Drowsiness, dizziness, nervousness, mild nausea, vomiting, diarrhea, constipation, upset stomach, dry mouth, blurred vision, trouble sleeping

MORE SERIOUS SIDE EFFECTS TO REPORT IMMEDIATELY TO YOUR DOCTOR:

- ⌘ Unusual or sudden mental, mood, or behavior changes (e.g. increased depression, suicidal thoughts, confusion, agitation)
- ⌘ severe weakness, muscle twitching/

tremors, fast, pounding, uneven heartbeat, severe lightheadedness, fainting

- ⌘ unusual bleeding or bruising
- ⌘ painful, prolonged erection of the penis

BENADRYL (Diphenhydramine) Antihistamine

WHAT DOES IT TREAT?

Insomnia and allergy symptoms

MOST COMMON SIDE EFFECTS:

(Discuss with your doctor if these worsen or persist)

Drowsiness, nervousness; dry mouth, nose, throat; constipation, upset stomach, clumsiness

MORE SERIOUS SIDE EFFECTS TO REPORT IMMEDIATELY TO YOUR DOCTOR:

- ✧ hallucinations
- ✧ lightheadedness or fainting
- ✧ pain when urinating, or changes in urination



COGENTIN (Benzotropine) Anticholinergic

WHAT DOES IT TREAT?

Side effects from anti-psychotic medications

MOST COMMON SIDE EFFECTS:

(Discuss with your doctor if these worsen or persist)

Dry mouth, blurred vision, dry eyes, constipation, decreased sweating

MORE SERIOUS SIDE EFFECTS TO REPORT IMMEDIATELY TO YOUR DOCTOR:

- ❖ Extreme behavior changes or confusion or hallucinations
- ❖ fast or irregular heartbeat
- ❖ uncontrolled movements of the face, tongue, mouth, or jaw



RISPERDAL (Risperidone) Antipsychotic

WHAT DOES IT TREAT?

Schizophrenia and other psychoses – clarifies thoughts, reduces or eliminates hallucinations (hearing or seeing things that aren't there)

MOST COMMON SIDE EFFECTS:

(Discuss with your doctor if these worsen or persist)

Drowsiness, headache, trouble sleeping, increased dreaming, upset stomach, constipation or diarrhea, weight changes, problems related to sex

MORE SERIOUS SIDE EFFECTS TO REPORT IMMEDIATELY TO YOUR DOCTOR:

✧ loss of balance or coordination, restlessness, difficulty swallowing,

muscle stiffness, rigidity, weakness, spasms, twitching, tremors

- ✧ uncontrolled movements of the face or mouth
- ✧ fever, increased heart rate, trouble breathing, severe sweating, loss of bladder control
- ✧ unusual bruising or bleeding; yellowing of the skin or eyes
- ✧ skin rash



SEROQUEL (Quetiapine)

Antipsychotic/ Mood Stabilizer

WHAT DOES IT TREAT?

Schizophrenia, unstable mood, bipolar mania or depression - clarifies thoughts, reduces or eliminates hallucinations (hearing or seeing things that aren't there), stabilizes mood. Also used to help sleep.

MOST COMMON SIDE EFFECTS:

(Discuss with your doctor if these worsen or persist)

Dizziness, drowsiness, headache, back pain, weakness, nausea, vomiting, stomach upset, constipation, increased appetite, weight gain

MORE SERIOUS SIDE EFFECTS TO REPORT IMMEDIATELY TO YOUR DOCTOR:

⌘ Unusual or sudden mental, mood, or behavior changes (e.g. depression,

- suicidal thoughts, agitation)
- ⌘ loss of balance or coordination, restlessness, difficulty swallowing, muscle stiffness, rigidity, spasms, twitching, tremors, seizures
- ⌘ uncontrolled movements of the face or mouth
- ⌘ fever, fast, slow, pounding, uneven heartbeat, trouble breathing, painful, severe sweating, urination problems/ changes
- ⌘ prolonged erection of the penis
- ⌘ trouble seeing; severe lightheadedness, fainting