

## McLaren Print System Order

Order No: 83236  
 Order Date: 2024-02-16  
 User: Christina Ledbetter  
 Phone: 2483385529

Ship Location: McLaren Oakland Hospital - Corporate Office building  
 50 N Perry Street STE 210  
 Pontiac, MI 48342

Brochures  
 Quantity: 1  
 Paragon Dept No: 19000  
 Dept Name: Quality Department  
 Company Number:

Order Total Price: 8.80

Item Number: HBOM-SMOKE  
 Item Description: HBOM Smoking Cessation Flyer Pads  
 Revision Date: 02/2024  
 Print:  
 Paper:  
 Size:  
 Fold:  
 Finish:  
 Drill:  
 Poster:  
 Misc Info: 8.5x11 60# Offset DS 50 Sheets/Pad

YOU CAN QUIT SMOKING RESOURCE GUIDE
HBOM
HBOMich.org

	TREATMENT	HOW TO GET	HOW TO USE	PROS / CONS	NOTES
<div style="text-align: center; font-weight: bold; font-size: 1.2em;">MICHIGAN TOBACCO QUITLINE</div> <div style="text-align: center; font-weight: bold; font-size: 0.9em;">1.800.QUIT.NOW</div> <div style="text-align: center; font-size: 0.8em;">784.8449</div> <div style="margin-top: 10px; text-align: center; font-weight: bold; font-size: 0.9em;">Get FREE Confidential Counseling &amp; Support</div> <div style="margin-top: 10px; text-align: center; font-size: 0.8em; background-color: white; color: #00728f; padding: 2px;">DOUBLE your chance of quitting.</div> <div style="margin-top: 10px; text-align: center; font-size: 0.8em; background-color: white; color: #00728f; padding: 2px;">Call Now 1.800.QUIT.NOW</div> <div style="margin-top: 10px; text-align: center; font-size: 0.8em; background-color: white; color: #00728f; padding: 2px;">On Small Online michigan.quitline.org</div> <div style="margin-top: 10px; text-align: center; font-size: 0.8em; background-color: white; color: #00728f; padding: 2px;">LEARN MORE</div> <div style="text-align: center;"> </div>	<div style="font-weight: bold; font-size: 0.9em;">PATCH</div>	OVER THE COUNTER or PRESCRIPTION	REPLACE PATCH ONCE DAILY	<ul style="list-style-type: none"> <li>✓ Easy to use</li> <li>✓ Few side effects</li> <li>• Less flexible dosing</li> <li>• Slow nicotine release</li> </ul>	
	<div style="font-weight: bold; font-size: 0.9em;">GUM</div>	OVER THE COUNTER or PRESCRIPTION	USE AS NEEDED* Up to 24 pieces per day	<ul style="list-style-type: none"> <li>✓ Fast nicotine release</li> <li>✓ Flexible dosing</li> <li>• Lots of chewing</li> <li>• Can't eat or drink 15 mins before or during use</li> </ul>	
	<div style="font-weight: bold; font-size: 0.9em;">LOZENGE</div>	OVER THE COUNTER or PRESCRIPTION	USE AS NEEDED* Up to 20 lozenges per day	<ul style="list-style-type: none"> <li>✓ More nicotine than gum</li> <li>✓ Flexible dosing</li> <li>• Can cause nausea</li> <li>• Can't eat or drink 15 mins before or during use</li> </ul>	
	<div style="font-weight: bold; font-size: 0.9em;">NASAL SPRAY</div>	PRESCRIPTION	SPRAY ONCE IN EACH NOSE** Up to 40 doses per day (80 sprays/day or 10 sprays/shot)	<ul style="list-style-type: none"> <li>✓ Fastest nicotine delivery</li> <li>✓ Flexible dosing</li> <li>• Frequent use necessary</li> <li>• Can cause nose &amp; throat irritation</li> </ul>	
	<div style="font-weight: bold; font-size: 0.9em;">INHALER</div>	PRESCRIPTION	5-20 MIN SESSIONS THROUGHOUT THE DAY** Up to 16 canisters per day	<ul style="list-style-type: none"> <li>✓ Keeps hands busy</li> <li>✓ Flexible dosing</li> <li>• Frequent use necessary</li> <li>• Can cause mouth &amp; throat irritation</li> </ul>	
	<div style="font-weight: bold; font-size: 0.9em;">MEDICATION</div> <div style="font-size: 0.8em;">VARENICLINE BUPROPION</div>	PRESCRIPTION	USE AS DIRECTED BY YOUR DOCTOR	<ul style="list-style-type: none"> <li>✓ Easy to take pill</li> <li>✓ Can be combined with other treatments*</li> <li>• Possible side effects</li> </ul>	

Spec Info: