



## JOINT EXPRESS AT HOME

Home therapy for hip  
and knee replacement



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HEALTH MANAGEMENT  
GROUP



## What is home health care?

McLaren Homecare delivers clinically excellent, compassionate care to patients where they are most comfortable – at home. Home health care helps patients get better, regain independence and remain safe at home.

People who want to live independent lives take advantage of home health care to help improve their physical capabilities or to recover from illness or surgery. And, more and more, these people turn to a name they can trust – McLaren Homecare.

## Return home safely after your surgery

Joint Express at Home is designed to help patients return home safely with therapy services following discharge from the hospital. We know that recovering from hip and knee surgery can be difficult, which is why Joint Express at Home emphasizes patient education, exercise, functional mobility and pain management.

After a few weeks, our expert therapists will ensure a smooth transition to outpatient therapy where patients can finish their rehabilitation if needed.

### Program features:

- Smooth transition from acute hospitalization to home health care services.
- Patient education materials.
- Home exercise program.
- Use of physician protocols and standing orders.
- Specially trained therapy staff that can draw and report lab values, perform staple removal and provide home exercise program progression and advancement in gait.
- Patient home safety assessment.