

McLaren Print System Order

Order No: 83471
 Order Date: 2024-02-28
 User: chad chunko
 Phone: 9896271692

Ship Location: McLaren Flint pulmonary rehab
 G3230 Beecher Road, lower level
 Flint, Michigan 48532

Forms

Quantity: 500
 Paragon Dept No: FLT10-27105-2560
 Dept Name: McLaren Flint pulmonary rehab
 Company Number: 60

Order Total Price: 36.40

Item Number: M-17322-A
 Item Description: Pulmonary Rehabilitation
 Revision Date: 8/2016
 Print: 2 sided black and white
 Paper: 65# White Cover
 Size: 8.5 x 11
 Fold:
 Finish: None
 Drill: 5 Hole Top
 Poster:
 Misc Info:

MCLAREN FLINT
 Flint Michigan
 PULMONARY REHABILITATION
 WEIGHT TRAINING

		DATE				
TRICEP EXTENSION	Reps	Weight				
	Reps	# of Reps				
ARM CURL	Reps	Weight				
		# of Reps				
LEG EXTENSION	Reps	Weight				
		# of Reps				
SEATED LEG CURL	Reps	Weight				
		# of Reps				
LOWER BACK Bend to Front	Reps	Weight				
		# of Reps				
LOWER BACK Bend to Back	Reps	Weight				
		# of Reps				
LAT ROW	Reps	Weight				
		# of Reps				
VERTICAL BENCH	Reps	Weight				
		# of Reps				
MULTI HP	Reps	Weight				
		# of Reps				
LEG PRESS	Reps	Weight				
		# of Reps				

Spec Info: Thank you!

