



BARIATRIC AND
METABOLIC INSTITUTE

DOING WHAT'S BEST.®

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Michael Kia, DO, FACOS, is a board certified general surgeon and a designated Bariatric Center of Excellence surgeon. Dr. Kia is fellowship trained in minimally invasive and robotic surgery from the University of Texas in Houston. He specializes in advanced laparoscopic and bariatric surgery. Dr. Kia received his medical degree from Touro University in San Francisco, and he completed his training in general surgery through Michigan State University.



Nicole Franklin, PsyD, provides psychological support to bariatric patients before and after their surgery. She also conducts the psychological evaluations to determine whether someone is a suitable candidate for surgery. Dr. Franklin is a graduate of Wright State University School of Professional Psychology in Dayton, Ohio. She completed fellowship training in psychology with the McLaren Family Practice Residency.



Tanya Brooks, FNP, is a certified bariatric nurse through the American Society for Metabolic and Bariatric Surgery. Tanya graduated from University of Michigan Flint in 2010. She holds a Master of Science in Nursing.



METABOLIC AND BARIATRIC SURGERY
ACCREDITATION AND QUALITY IMPROVEMENT PROGRAM
ACCREDITED CENTER



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mclaren.org/bariatrics

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BARIATRIC AND METABOLIC SERVICES

IT'S NOT WHAT YOU LOSE. IT'S WHAT YOU GAIN.



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Obesity is a serious medical condition affecting more than a quarter of the U.S. population. It can increase the severity of Type 2 diabetes, osteoarthritis, infertility, high blood pressure, high cholesterol, and sleep apnea. Surgery is one treatment option to combat obesity and Type 2 diabetes. One of the first in Michigan to offer a metabolic surgery program, McLaren Bariatric and Metabolic Institute provides experienced surgeons and a comprehensive approach that can help resolve your weight-related Type 2 diabetes and other conditions.

OUR COMPREHENSIVE PROGRAM INCLUDES:

- Complete Medical Evaluation
- Surgical Consultation
- Psychological and Nutritional Counseling
- Complete Pre- and Post Operative Care

- Support Groups
- Fully-monitored and Specially-equipped Bariatric Rooms for Inpatient Care

SURGICAL OPTIONS OFFERED THROUGH THE McLAREN BARIATRIC AND METABOLIC INSTITUTE

Roux-En-Y Procedure

The most commonly performed bariatric procedure, the Roux-en-Y (gastric bypass), is both a restrictive and a malabsorptive operation. The stomach is divided into a small pouch, which holds approximately two tablespoons of food. This volume restriction creates the sensation of being full after eating a few ounces of food. The small intestine is then divided and sewn to the pouch so that the food goes from the stomach pouch directly into the small intestine. The Roux-

en-Y Gastric Bypass procedure is offered both laparoscopically and open. Following this procedure, patients will be carefully monitored. This procedure requires an average hospital stay of two to three days.

Sleeve Gastrectomy

A sleeve gastrectomy is a restrictive surgical weight loss procedure that limits the amount of food you can eat and helps you feel full sooner. In this procedure, a thin, vertical sleeve of stomach is created and the rest of the stomach is removed. The sleeve is about the size of a banana. This procedure is performed under general anesthesia and requires a two-day stay in the hospital.

PAYMENT OPTIONS

Many insurance carriers cover the cost of bariatric surgery provided medical documentation of weight loss attempts exist and the patient shows a medical need for the procedure.

McLaren Bariatric and Metabolic Institute offers a complete care package, highly skilled surgeons, an expert support staff, and the most advanced surgical options at an award winning hospital-all at a very competitive price.