

PAIN MANAGEMENT CHRONIC & ACUTE PAIN

Pain Management Services is located on the second and third floors of the John F. Wismer Health Center at McLaren Port Huron.

For an appointment, call (810) 989-3283.

www.mclaren.org/phpain

Patients must have a primary care physician.
To find one near you, visit

www.mclaren.org/phdoctors

 **McLaren**
PORT HURON

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Phone: (810) 987-5000

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 **McLaren**
PORT HURON

More than 70 million Americans suffer from chronic pain each year and another 25 million experience acute pain from injuries or surgery. McLaren Port Huron's Pain Management Services offers both diagnostic and therapeutic services for individuals who suffer from pain.

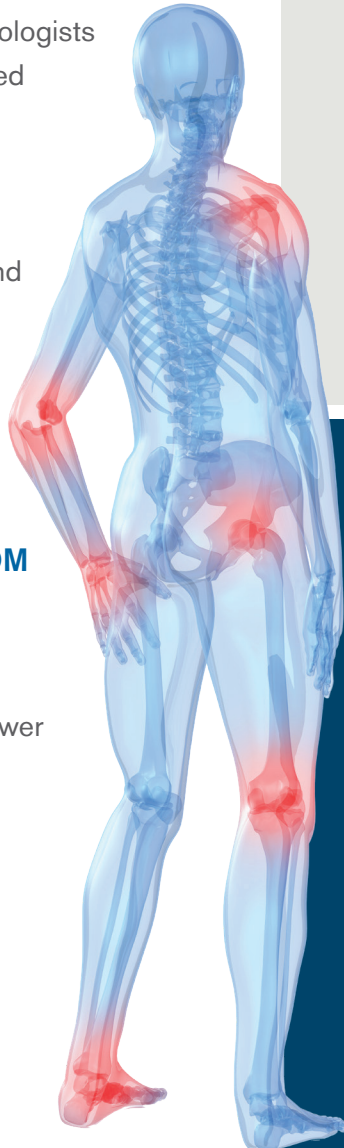
PAIN MANAGEMENT PROFESSIONALS

- Fellowship trained pain management specialists
- Board certified anesthesiologists
- Specially trained registered nurses
- Radiology technologists
- Psychiatrists
- Patients' primary care physicians, specialists, and surgeons
- Physical medicine and rehab specialists
- Occupational and physical therapists

WHO CAN BENEFIT FROM PAIN MANAGEMENT SERVICES?

Individuals who suffer from:

- Back pain – upper and lower
- Neck pain
- Joint pain
- Osteoarthritis
- Rheumatoid arthritis
- Headaches
- Cancer pain
- Vascular disease
- Pain caused by injury
- Chronic pain



HOW IS PAIN DIAGNOSED?

Staff consultation. Only the patient can tell the degree of his or her pain, so it is important for staff to determine how the patient perceives pain. This consultation will include:

- Questions about the pain
- Questions about how the pain is impacting the patient's daily activities
- Questions about the patient's emotional well being
- Pain diary completed by patient, documenting pain occurrence throughout the day
- Physical examination
- Diagnostic testing such as
- X-rays, CT scans, MRI scans
- Psychological testing
- Other tests to determine exact location and source of the pain

TREATMENTS OFFERED INCLUDE:

- Epidural injections
- Nerve blocks
- Pharmacological control
- Radio frequency ablation
- Trigger point injections

ADDITIONAL TREATMENT:

- Because pain affects individuals in many ways, a treatment plan evolves around the whole person – body, mind, and spirit
- Physical therapy
- Massage therapy
- Psychological counseling