

NUTRITION COUNSELING & DIABETES CENTER



 **McLaren**
MACOMB



NEED NUTRITION INFORMATION TO MANAGE YOUR CHRONIC CONDITION?

Meet with a registered dietitian to learn how to manage your individual medical condition with its specific nutrition plan.

NUTRITION SERVICES OFFERED:

- American Diabetes Association and State of Michigan recognized Diabetes Self-Management Education (DSME) program
- Medical Nutrition Therapy (MNT) for all ages and a variety of conditions;
 - Weight management
 - Type 1, Type 2, and gestational diabetes
 - GI conditions and more
- Professional Continuous Glucose Monitor (CGM) placement and download

A doctor's referral is required to schedule an appointment. Please have your provider send an electronic referral in Cerner noting the service needed or fax a paper referral to (586) 493-8722. Once a referral is received, a dietitian will call to schedule your appointment.

Accepted by most insurance plans.



For more information, visit
**McLaren Macomb
Nutrition Counseling and
Diabetes Center**
or call **(586) 493-8500.**

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