

CHRONIC CARE MANAGEMENT

Managing your health can be challenging. The Chronic Care Management program can help you live a healthier life and keep you doing the things you love. As a participant you can expect:

- Personalized care from a dedicated chronic care manager.
- Assistance coordinating your visits with providers, labs, radiology, or others.
- Help booking appointments with your provider for urgent matters.
- Oversight of medications.
- A personalized plan of care that aligns with your goals and values.

ELIGIBILITY

If you have Medicare and two or more chronic health conditions, some examples of which are listed below, you may benefit from the Chronic Care Management program.

- Alzheimer's
- Arthritis
- Atrial fibrillation
- Autism spectrum disorders
- Cancer
- Cardiovascular disease
- COPD
- Depression
- Diabetes
- Hypertension or high blood pressure

WHAT IS THE COST?

Depending on insurance coverage, there may be a minimal coinsurance or no out-of-pocket cost to receive chronic care management. Patients can call their insurance to determine coverage.

As a chronic care management coordinator, Kayla will be your point of contact regarding any new or worsening symptoms related to your illness. While your primary care provider (PCP) will continue to oversee your care, Kayla will check in more frequently on your health and communicate any changes to your PCP and the Chronic Care Management team.

To contact Kayla, call (517) 975-2044 or email kayla.harmon1@mclaren.org.



**KAYLA
HARMON, BSN, RN**

EDUCATION

Bachelor of Science
in Nursing
Lansing Community College

Kayla excels in planning and providing efficient and high-quality healthcare to her patients. Her goal is to work as a team with her patients, their families, and primary care physicians, building a relationship to coordinate medical treatment and guiding patients through their disease process.