

CHRONIC CARE MANAGEMENT

Managing your health can be challenging. The Chronic Care Management program can help you live a healthier life and keep you doing the things you love. As a participant you can expect:

- Personalized care from a dedicated chronic care manager.
- Assistance coordinating your visits with providers, labs, radiology, or others.
- Help booking appointments with your provider for urgent matters.
- Oversight of medications.
- A personalized plan of care that aligns with your goals and values.

ELIGIBILITY

If you have Medicare and two or more chronic health conditions, some examples of which are listed below, you may benefit from the Chronic Care Management program.

- Alzheimer's
- Arthritis
- Atrial fibrillation
- Autism spectrum disorders
- Cancer
- Cardiovascular disease
- COPD
- Depression
- Diabetes
- Hypertension or high blood pressure

WHAT IS THE COST?

Depending on insurance coverage, there may be a minimal coinsurance or no out-of-pocket cost to receive chronic care management. Patients can call their insurance to determine coverage.

As a population health navigator, Penny will assist you in enrolling you in programs and assist in obtaining consents for the Chronic Care Management program.

To contact Penny, call (517) 913-1148 or email penny.burns@mclaren.org.



PENNY BURNS
Population Health
Navigator II

EDUCATION

Associate in Business
Lansing Community College

Penny has over 24 years of experience working in a public health setting. She has worked extensively with patients to identify barriers that prevent them from living a healthy lifestyle. She is an expert in coordinating care and collaborates with all care team members.

Penny is passionate about making a difference for every patient.