

## FIRST WEDNESDAY OF EACH MONTH | 1:00 - 2:00 P.M.

We want to invite you to join our free support circle for families touched by cancer. This includes all cancer fighters, survivors, previvors, caregivers, and their friends/family. Join us as we reflect on grief and the masks we use to hide it. Each session will be 60 minutes long, in a group setting, accompanied by tools to try at home, and facilitated by our social worker.

Grief circles help raise awareness of the natural emotions that arise in grief, and the ways we tend to hide those emotions. Expect to strengthen trust and care in relationships between your peers and family.



SESSIONS ARE HELD AT

## **Hospitality House at McLaren Flint**

G-3170 Beecher Road | Flint, MI 48532

RSVP REQUIRED TO ATTEND

Minnie Cabine. LMSW

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