

# A LIFETIME OF DIFFERENCE

The McLaren Neurologic Rehabilitation Institute provides comprehensive, specialized outpatient services to help people overcome disabilities associated with neurological conditions, such as: CVA, Brain Injury, Parkinson's, Spinal Cord Injury and other conditions. Our goal is to improve and support each person's ability to live independently, re-enter the work force, or return to school. Though a brain injury may occur suddenly, recovery is often a gradual process – a period of time when McLaren's caring professional team can make a lifetime of difference for someone you love.

## ADMISSION TO THE PROGRAM

**Eligibility Criteria:** 

- Physician's referral
- Neurological diagnosis or other conditions
- Ability to participate in outpatient program and have potential for improvement

## **REFERRAL ASSISTANCE**

Referrals to McLaren Neurologic Rehabilitation Institute can be made by the physician, family member, insurance representative, attorney or the individual. Intake workers will determine how to best meet the individual's needs and arrange appropriate evaluations with our interdisciplinary team.

> **McLaren** FLINT DOING WHAT'S BEST.®

McLaren Neurologic Rehabilitation Institute

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# MCLAREN NEUROLOGIC REHABILITATION INSTITUTE COMPREHENSIVE OUTPATIENT THERAPY PROGRAM



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# MCLAREN NEUROLOGIC REHABILITATION INSTITUTE

McLaren utilizes a wide range of therapies for individuals with a variety of Neurologic diagnoses. McLaren licensed therapists are certified brain injury specialists.

#### **Occupational Therapy**

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Assists individuals to improve their cognitive and physical skills in preparation for independence at home, school and the workplace.

#### **Physical Therapy**

Works to control body movements necessary for standing, sitting, walking and other physical activities.

#### Speech and Language Therapy

Assists individuals with difficulties in swallowing, speech, thinking, understanding, and communicating effectively.

#### **Cognitive - Communication Retraining**

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Relearning communication and thought processing skills is key to the rehabilitative process. Treatment focuses on strategies to improve how individuals attend to their environment, organize and use language, and remember important information.

#### Visual Perceptual Retraining

Individuals relearn the use of integrated visual perceptual and visual motor skills to perform daily living activities, such as walking, reading, using tools, and driving a car.

#### Independent Living Skills

Individuals practice a variety of daily living skills, such as managing a household, providing child care, traveling independently, and accessing resources in the community. Adaptive equipment, home/work modifications, in-home therapies, or other strategies may be recommended.

#### Academic Skills Assistance

Help is provided to improve skills necessary for return to school. Educational planning is coordinated with school personnel.

#### Individual, Group, and Family Therapies

McLaren therapists provide education, support and counseling to assist individuals and their families in understanding and adjusting to disabilities and lifestyle changes brought about by various neurological conditions. A majority of the support groups are open to the community.

#### LSVT<sup>®</sup> Certified Clinicians

LSVT<sup>®</sup> BIG and LOUD Certified Physical, Occupational and Speech Therapists for Parkinson's disease and other Neurological conditions. Evidence based training on increased amplitude, intensity and effort.

#### **Driver Retraining**

The clinical driving evaluation provides information and assistance to identify vision, visual perceptual skills, safety, and reaction time needed for safe return to on-road driving.

#### **Specialized Services**

- Vestibular rehabilitation is used to address problems with balance and dizziness that are common following a brain injury
- Social services assistance
- Community resources and referral assistance
- Driving Evaluation
- Specialized therapy for individuals requiring services beyond the scope of our outpatient rehabilitation program

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COMPREHENSIVE OUTPATIENT THERAPY PROGRAM